



Wednesday@Noon

***WEDNESDAY@Noon** is an offering of online communion. We offer words and gestures to thank God for the life, death and resurrection of Christ through the sharing of bread and wine, asking God to nourish us with Christ's body and blood. Because we are separated from each other physically and are unable to give each other the bread and wine, we are unable to follow the forms exactly as tradition has handed them down to us. Thus we will do what we can, asking God for the grace to discern Christ's real presence.*

Blessed be God: Creator, Christ, and Holy Spirit.
And blessed be God's kingdom, now and forever. Amen.

Gracious God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Jesus Christ we pray. **Amen.**

Open our lips, O God,
And our mouths shall proclaim your praise.
Be joyful, and serve God with gladness,
and come before God's presence with a song.
Let us enter this sacred moment with thanksgiving,
and come into God's presence with praise.
God is good; God's mercy is everlasting;
and God's faithfulness endures from age to age.

O God of compassion, whose heart goes out to the hungry and destitute; who takes our lack and transforms it into much: give us the bread that satisfies, the food without price, that our lives may be freed to share your overflowing love; through Jesus Christ, the breaker of bread. **Amen.**

Three Readings

First Reading:

Acts 2:1-21

When the day of Pentecost arrived, they all met in one room. Suddenly they heard what sounded like a violent, rushing wind from heaven; the noise filled the entire house in which they were sitting. Something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each one. They were all filled with the Holy Spirit and began to speak in other languages as she enabled them.

Now there were devout people living in Jerusalem from every nation under heaven, and at this sound they all assembled. But they were bewildered to hear their native languages being spoken. They were amazed and astonished: "Surely all of these people speaking are Galilean! How does it happen that each of us hears these words in our native tongue? We are Parthians, Medes and Elamites, people from Mesopotamia, Judea and Cappadocia, Pontia and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya around Cyrene, as well as visitors from Rome—all Jews, or converts to Judaism—Cretans and Arabs, too; we hear them preaching, each in our own language, about the marvels of God!"

All were amazed and disturbed. They asked each other, "What does this mean?" But others said mockingly, "They have drunk too much new wine."

Then Peter stood up with the Eleven and addressed the crowd: "Women and men of Judea, and all you who live in Jerusalem! Listen to what I have to say! These people are not drunk as you think—it's only nine o'clock in the morning! No, it's what Joel the prophet spoke of: "In the days to come—it is our God who speaks—I will pour out my Spirit on all humankind. Your daughters and sons will prophesy, your young people will see visions, and your elders will dream dreams. Even on the most insignificant of my people, both women and men, I will pour out my Spirit in those days, and they will prophesy. And I will display wonders in the heavens above and signs on the earth below: blood, fire and billowing smoke.

The sun will be turned into darkness and the moon will become blood before the coming of the great and sublime day of our God. And all who call upon the name of our God will be saved.”

Hear what the Spirit is saying to God’s people
Thanks be to God.

Middle Reading: “On the Mystery of the Incarnation,” Denise Levertov
It's when we face for a moment
the worst our kind can do, and shudder to know
the taint in our own selves, that awe
cracks the mind's shell and enters the heart:
not to a flower, not to a dolphin,
to no innocent form
but to this creature vainly sure
it and no other is god-like, God
(out of compassion for our ugly
failure to evolve) entrusts,
as guest, as brother,
the Word.

Hear what the Spirit is saying to God’s people
Thanks be to God.

Gospel: John 7: 37-39

On the last and greatest day of the festival, Jesus stood up and shouted, “Any who are thirsty, let them come to me and drink! Those who believe in me, as the scripture says, ‘From their innermost being will flow rivers of living water.’” Here Jesus was referring to the Spirit, which those who came to believe were to receive—though she had not yet been given, since Jesus had not been glorified.

Hear what the Spirit is saying to God’s People

Thanks be to God.

The Prayers of the People

The Lord be with you.

And also with you.

Let us pray.

I ask your prayers for God's people throughout the world; including members of all religions; the people and leadership of The Episcopal Church; and the community of Trinity. Let us pray for all who seek the beauty of holiness.

Please feel free to voice the names of those in your prayers

I ask your prayers for those who are sick, who struggle in poverty or under oppression, and for those who care for them. Let us pray for those in any need or trouble.

Please feel free to voice the names of those in your prayers

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. Let us pray for equity, mutual regard, and peace.

Please feel free to voice the names of those in your prayers

I ask your prayers for all who seek to practice their spirituality, that they may find God and follow the path of Life. Let us pray for us all.

Please feel free to voice the names of those in your prayers

I ask your prayers for those who have died, and for those who grieve the absent. Let us pray for the grieving and the dead.

Please feel free to voice the names of those in your prayers

I ask your prayers of gratitude and joy.

Please feel free to voice the names of those in your prayers

And now, let us give thanks to God for the abundance of our lives.

Thanks be to God! Amen.

The Peace

The peace of God be always with you.

And also with you.

Offertory

All members of the online gathering now make any final preparations of their bread and wine, and show their plate and cup to the group.

Blessing and Sharing Bread and Wine

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is always right, and a good thing to thank God for creation and for the love with which God made and sustains and redeems all of existence. The last night Jesus gathered with his closest friends, he gave them the promise that he would always be with them, nourishing them as truly as the food and drink that sustain us day by day. **Because of their faithfulness, and the care with which they and the generations who followed have handed on that faith, we know the story of that night, and we too receive that promise.** So we join our voices with saints and angels, across time and space, outside of time and space who forever say,

Holy, holy, holy Lord, God of power and might,

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest.

Gracious God, somehow, it was not enough to make a universe. It seems you needed the joy of sharing it and sharing the process of creativity. So you included us in creation, making us in your image, to love and to create freely, as you do.

Yet, as we are free to love, so we are free to hate, and throughout human history, we have chosen to abandon your way as often as we have followed it. **But you**

have not abandoned us. Instead, you poured yourself into human form, becoming one with us through the life, death and resurrection of Jesus, your son.

To show us the fullness of that offering, on the night before it was completed on the cross, Jesus ate supper with his friends. He took bread, blessed it, broke it, and said, **“Take, eat. This is my Body given for you. Every time you eat bread, do so in remembrance of me.”** After supper, he took the cup of wine, blessed it, gave it to his friends and said, **“Drink this, all of you. This is my blood of the new covenant, shed for you and for all. When ever you drink it, do so in remembrance of me.”**

Now accept our offering of thanks and praise, and send your Holy Spirit to bless us and this bread and wine to be the body and blood of Jesus Christ, your Son our Lord. Give us grace to hope and trust that your Spirit lives in us and we in you, so we may have courage to love the world boldly in your name. Through Jesus Christ, and in the power of the Holy Spirit, who live and reign with you, one God, now and forever.. **Amen.**

Now, as Christ has taught us, we are bold to say,
Our Father,* who art in heaven,

**hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those
who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

*Jesus revealed a new, personal sense of relationship with God by addressing God as something like “Papa.” Always feel free to use your most meaningful name for God in saying the Lord’s Prayer.

Although Trinity often uses different interpretations of the Lord’s Prayer when we worship, on Wednesdays we use the traditional version to express our trust that we are one with God and all people around the world and throughout history.

All are invited to break their bread.

The disciples knew the Lord Jesus in the breaking of the bread.

Were not our hearts burning within us as we walked along the road?

During a moment of quiet, all receive their bread and wine.

Let us pray.

**Loving God,
we give you thanks
for restoring us in your image
and remembering the body of Christ,
which has been broken for the life of the world.
Now give us grace to trust that we are
a people, forgiven, healed, renewed.
Give us the courage to proclaim your love to the world,
and to continue in the risen life of Christ our Savior. Amen.**

Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things, and the blessing of God, the Holy and undivided Trinity, be with you always. **Amen.**

This blessing is based on Philippians 4:8

Holy Conversation

The collect at the top of page 2 and the prayer over the bread and wine are adapted from the writing of Steven Shakespeare in his book, Prayers for an Inclusive Church.

The cover image is a photo of the floor near the high altar at Trinity, a mosaic created by John LaFarge's studio.