

A Service of Holy Communion August II, 2024 Year B, Proper I4

If you would like to receive more information about Trinity Church, please sign our guest book located near the entrance. Everyone is welcome to enjoy refreshments and conversation after worship. Trinity Church is an Episcopal Church in the Diocesan Partnership | of Western New York and Northwest Pennsylvania and is a part of the Anglican Communion which is based in England but found worldwide.

Cover image: "Elijah Feeding in the Wilderness" Trinity window by Hardman & Co. of London, 1890.

This centering prayer was written by Matt Lincoln, based on a quotation from Tirabassi & Grant, An Improbable Gift of Blessing.

In spirit or in body, the congregation stands to sing hymns.

# Welcome to Trinity's gathered community! We are together on-site and online!

The people of Trinity Church gather around a table piled high with spiritual food, and there is a place for you and everyone at the table, whatever your religious practice may be. If you are at Trinity in person, know that this congregation supports anyone who wears a mask to reduce risk of infection. Please feel free to receive communion and participate in the service as fully as you want. If you are not on site, your presence online is felt and valued by the whole congregation. If you are watching the Facebook Live Stream, you may add comments, likes, etc. to the comment section at any time! If you are on-site, you can use your mobile device to join the Facebook Live Stream to connect with other worshippers in the comment section. Just make sure your volume is all the way down! WiFi internet access is publicly available. Use the "Trinity Open" network with the password "Welcome!"

In the courtyard, we are not able to light candles as we do indoors. Instead, we have a spiritual practice of using prayer stones during the service. You can do this either in person or at home online. **Pick up** a prayer stone as you come into the courtyard, and feel free to rub your prayers into the stone during the first part of the service. At the time of the community prayers, you will be invited to bring your stone and all your prayers to the altar.

Trinity Church is a metropolitan house of prayer, a community of worship and spiritual inquiry, welcoming all people. Recognizing our common brokenness, yet rejoicing in the reconciling love of God through Jesus Christ, we nurture one another in our spiritual life together.

During the summer when worship is outdoors in the courtyard, there are many ways for children to keep quietly occupied. While monitoring their safety, feel free to let your children explore and enjoy being outdoors, and do not worry about their activity being disrespectful or disruptive. **Children, with all their sounds and movements, are a welcome part of the gathering for worship.** 

**Name tags** are not required, but they sure help! You'll find sticky tags and markers on a table near the entrance.

#### CENTERING PRAYER

Let us pray responsively.

This church is a field where mustard seeds are planted.

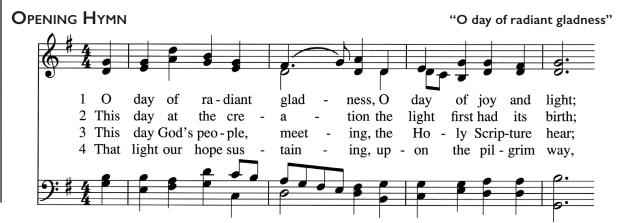
Oh, God, let our small faith grow.

This church is a loaf leavened with your hope.

Oh God, let our trust rise with your Spirit.

This church is prepared for a banquet.

Oh, God, let us come dressed in the garment of love, which holds all together in harmony. Amen.





Christopher Wordsworth, Anglican priest, wrote voluminously on the Bible and church history in addition to his hymn writing. This hymn is from his Holy Year, 1862. Tune: ES FLOG EIN KLEINS WALDVÖGELEIN 7.6.7.6.D. Memmingen manuscript, 17th century Harm. George R. Woodward, 1904

FIRST READING

I Kings 19: 4-8

lijah went a day's journey into the desert. He came to a broom tree, sat down under it and prayed that he might die. "I have had enough, God," he said. "Take my life; I am no better than my ancestors." He lay down under the tree and fell asleep. Suddenly an angel of God touched him and said, "Get up and eat." He looked around, and there near his head was a cake of bread baked over hot coals and a jar of water. He ate the cake and drank the water and then lay down again. The angel of God came back a second time and touched him and said, "Get up and eat, for the journey is too much for you." So he got up and ate and drink some more. Strengthened by that food, he traveled for forty days and forty nights until he reached Horeb, the Mountain of God.

Hear what the Spirit is saying to God's people.

Thanks be to God.

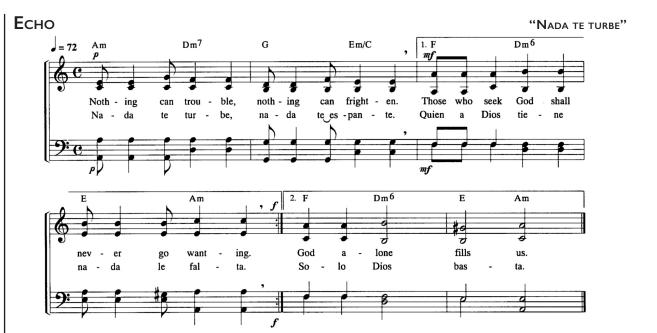
Nobody set out to write The Bible. The Hebrew Scriptures were created over many centuries by many people to record the Jewish People's experience of God. The same is true of the Christian Šcriptures, some of which were letters written to a specific audience in response to specific needs—and were then found to be helpful to the faithful even after fulfilling their original purpose.

The Bible readings are taken from The Inclusive Bible: The First Egalitarian Translation by Priests for Equality. Words and Music
- ©1986 Taizé, Les
Presses de (North
America)
Contributors:
Jacques Berthier,
Taizé Community

The Middle Reading fills the role of a Bible reading, but it doesn't come from the Bible. It is our way of trying to listen for God's ongoing word as it is spoken outside the limits of the Bible. Most often, we turn to contemporary poets for this reading.

Brooke Herter James is the author of four poetry chapbooks, a children's picture book, and a poetry/ prose/photography collection. Her poems have appeared in various journals and anthologies. *She lives with* her husband in a small village in the green mountains of Vermont. She is the winner of the Fish Poetry Prize for 2024 selected by Billy Collins.

It is customary (but not required) to stand for the Gospel reading because it symbolizes the mystical presence of Christ.



### MIDDLE READING

You can find us here most every day at dawn, some in finery, some in flannel, bowed and shuffling forward in a single silent line, waiting our turn for Gladys to call us Hon, to pour fresh hot brew into our empty cups, to place a cruller dusted with sugar in our outstretched hands. We drop coins into a basket, murmur thanks, lift our heads, walk out into the sunlight, then pause to spend some time leaning into one another-How about Afghanistan,

"DAILY COMMUNION AT THE MINIMART ON RTE 31" BY BROOKE JAMES

that hurricane down south, those fires out west, the damn Delta variant and, tell me, how's your wife, your husband mother father sister brother daughter son, your job, your health and that chicken of yours, the one with the broken leg? We climb into our cars, wave to one another, drive off, one hand on the wheel, the other holding steady our cup of Joe.

Hear what the Spirit is saying to God's people. **Thanks be to God.** 

ECHO See above

"NADA TE TURBE"

GOSPEL READING JOHN 6:35, 41-51

esus explained to them, "I am the bread of life. No one who comes to me will ever be hungry. No one who believes in me will be thirsty." The temple authorities started to grumble in protest because Jesus claimed, "I am the bread that came down from heaven." They kept saying, "Isn't this Jesus, Son of Mary and Joseph? Don't we know his mother and father? How can he claim to have come down from heaven?"

"Stop your grumbling," Jesus told them. "No one can come to me unless drawn by Abba God, who sent me — and those I will raise up on the last day. It is written in the prophets: 'They will all be taught by God.' Everyone who has heard God's word and has learned from it comes to me. Not that anyone has seen Abba God — only the one who is from God has seen Abba God.

"The truth of the matter is, those who believe have eternal life. I am the bread of life. Your ancestors ate manna in the desert, but they died. This is the bread that comes down from heaven, and if you eat it you will never die. I myself am the living bread come down from heaven. If any eat this bread, they will live forever; The bread I will give for the life of the world is my flesh."

Hear what the Spirit is saying to God's People.

Thanks be to God.

ECHO "NADA TE TURBE"

See previous page

SERMON THE REV. JEFFREY TOOKE, DEACON

MUSICAL REFLECTION

Affirmation of Faith

We are not alone, we live in God's Creation.

We believe in God:
who has created and is creating,
who has come in Jesus,
the Word made flesh,
to reconcile and make new,
who works in us and others by the Spirit.

We trust in God.
We are called to be the Church:
to celebrate God's presence,
to love and serve others,
to seek justice and resist evil,
to proclaim Jesus,
crucified and risen,
our judge and our hope.
In life, in death, in life beyond death,
God is with us.
We are not alone. Thanks be to God.
Amen.

COMMUNITY PRAYERS

The Lord be with you.

And also with you.

Let us pray for the Church and for the world.

The four Gospels hold the core of Christian spiritual wisdom, reflecting the earliest stories and images of Jesus. Like all Scripture, they are not definitive prescriptions but narrative stories requiring endless interpretation.

The sermon invites your curiosity and thoughtfulness about the theme of worship, and is intended to evoke your thoughts rather than direct them. A recording of the sermon is posted to the parish website each week, usually by Tuesday.

In spirit or in body, please stand for the Affirmation of Faith.

This comes from the United Church of Canada. Like the Nicene Creed that it reflects, it is an expression of faith intended as a symbol of solidarity with other Christians throughout history but not as a pledge of allegiance required for membership.

Add your requests by scaning the QR code.



These prayers are an effort to pray with one voice even though we have a diversity of needs and hopes.

Now that we are outdoors, we can use a prayer practice that has been much loved by the Trinity community over the years. As these prayers are offered aloud, finish rubbing your prayers into your stone, and then, during the musical response, bring your stone to leave it on the altar as a way of embodying your offering of prayer.

In particular, we have been asked to pray for:
Carmen Rivera Nunez, who died and her son, John Anthony Rivera, and all who mourn
Marie Keane & her dog Stanley
Cassandra & Michael
Content Knowles, sister of Meg Knowles - recovering from a car accident
Jack Giardina
Karen Smallen
Mary Ann after the sudden losses of her

husband & sister
Jeff Watson, John & Catherine Gillespie's son
in law
Dale Worwa
Ed & Sherry Czechowski - recovering from a
serious motor vehicle accident

Ellen Nichter - fighting health issues
Abby Laettner
Adam Kreutinger
Jessica De Oliveira E Silva (Quinn) - battling
stage 4 breast cancer
Celeste Richel
Margaret (Peggy) Rizzo - suffers from
Alzheimer's
Alberta Virginia Campbell Kendzierski
Alphonso & Marcia O'Neil-White - health
concerns
Harry Fackelman

Kathy Jerzewski - a return of lymphoma Regina Glaser - in her battle with cancer Betsy and Peter Curtis

We pray for the needs of Trinity, our Diocese, and the national church as our Bishop, Right Reverend Sean Rowe prepares to assume his newly elected position as Presiding Bishop and we continue to embrace adaptive change to meet the challenges of local circumstances.

Loving God, you have set us in families and clans, in cities and neighborhoods. Our common life began in a garden, but our destiny lies in the city. You have placed us in and around Buffalo. This is our home. Your creativity is on display here through the work of human hearts and hands.

We pray for Buffalo today—for the East Side and the West Side, North Buffalo and South Buffalo. We pray for people from the First Ward and the Fruit Belt. We pray for our poorest neighbors and for powerful people in banks and businesses downtown.

We pray for neighboring communities from across our partnership: from Olcott to Olean, from Angola to Albion, from Erie to Edinboro, from Emporium to New Castle and a thousand other cities connected to our own.

In all our neighborhoods this day there will be crime and callous moneymaking; there will be powerful people unable or unwilling to see the vulnerable who are their neighbors. There will also be beautiful acts of compassion and creativity in all these places—forgiveness and generosity; neighbors working together for a more just community.

Help us see this place as something other than a battleground between us and them, where our imaginations are limited by win/lose propositions and endless rivalry. Show us a deeper reality, God: Show us your Beloved Community.

We pray for the protection of all people around the world from infectious diseases and other illness. We pray for people who are hungry or homeless, and for all who are in danger of violent attack, especially those in the Ukraine, Israel and Gaza. We pray also for all who are lonely, all who are overwhelmed by difficult circumstances, or trapped in harmful relationships. We pray for all who grieve, and all who live in fear. We pray for all who are dependent on the compassionate care of others, and for those who work tirelessly to care for the ones who are in need. We pray for our beautiful planet, and for the wisdom and will to stop climate change.

Prosper our city, and help us to trust that you are God, we pray in the name of the one who wept over the Holy City, Jesus Christ, our Lord. **Amen.** 

# MUSICAL RESPONSE

This is the time you are encouraged to bring your prayer stone to the altar.

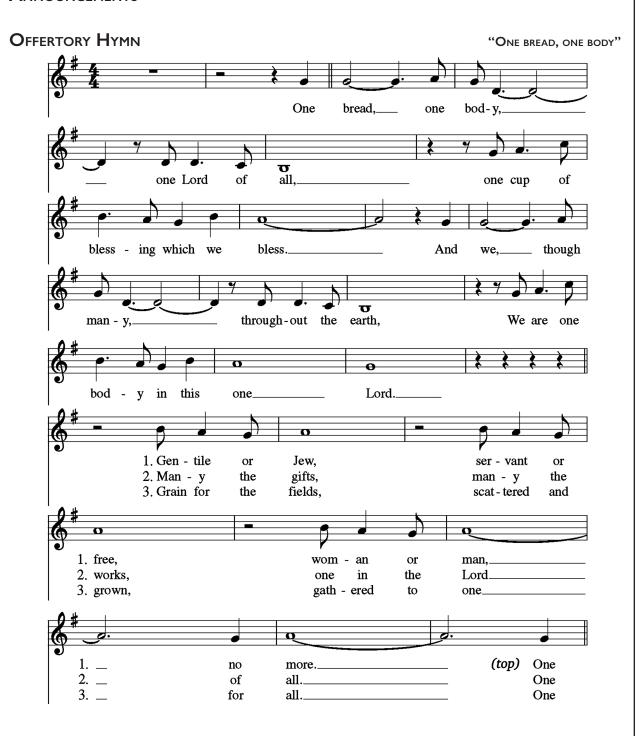
# THE PEACE

The peace of the Lord be always with you.

# And also with you.

Now would be a great time to add a comment to the Live Stream!

# **A**NNOUNCEMENTS



In spirit or in body, the congregation stands to sing hymns.

Your financial support is not only a practical necessity. It can also be a very meaningful symbolic gesture, expressing your gratitude for the blessings in your life and your hope for health in the world. You can place cash or a check in the collection plate when it is brought around during the offertory or donate online here, or initiate an online donation by texting TRINITYBUFFALO to 73256. You can also get there by scanning this QR code:



Communion from the Reserved Sacrament. There is no prayer of consecration, which is a role of a priest. *The altar is set by* the deacon with communion from previously-sanctified elements of bread and wine; the deacon then joins with Eucharistic Ministers to distribute communion to the people. Much like other ministries of deacons, the role of serving extends here to lay leaders, then to the whole, gathered congregation. This service of Communion from the Reserved Sacrament is offered under special circumstances, with permission.

\*Jesus revealed a new, personal sense of relationship with God by addressing God as something like "Papa." Always feel free to use your most meaningful name for God in saying the Lord's Prayer.

#### SHARING THE OPEN TABLE

All are welcome to receive Communion at Trinity Church. No Exceptions!

All things come of thee, O Lord;

and of thine own have we given thee.

The deacon sets the table and prepares the bread and wine for distribution.

The Lord be with you.

And also with you.

Now, as Christ has taught us, we are bold to say:

Our Father,\* who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those
who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

# RECEIVING COMMUNION

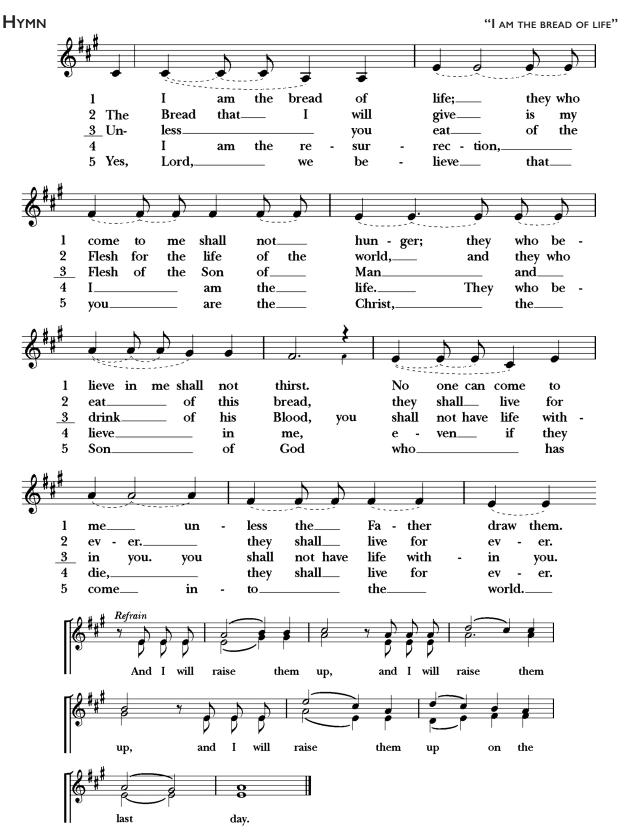
For those of you online, provide yourself with a morsel of bread and a sip of wine or any suitable substitutes you have.

For those of you in person in the courtyard, form a large circle around the cross where you will be offered a morsel of bread dipped in wine. Please let the ministers of communion know if you prefer not to have your bread dipped in the wine. Also, let them know if you need a gluten-free wafer instead of wheat bread.

# PRAYER FOR THE ROAD

Let us pray:

Loving God,
we give you thanks
for restoring us in your image
and remembering the body of Christ,
which has been broken for the life of the world.
Now give us grace to trust that we are
a people, forgiven, healed, renewed.
Give us the courage to proclaim your love to the world,
and to continue in the risen life of Christ our Savior. Amen.



Words: Suzanne Toolan (b. 1927); adapt. of John 6, Copyright ©1971, G.I.A. Publications, Inc. Music: I Am the Bread of Life, Suzanne Toolan (b. 1927); arr. Betty Pulkingham (b. 1928) Copyright ©1970, 1975, Celebration. All rights reserved. Used with permission.

#### **DISMISSAL**

Let us go in peace to love others as God has loved us. Alleluia, alleluia!

Thanks be to God. Alleluia, alleluia!

Our spiritual practice is renewed as we leave here and begin again to work the promises of the covenant.

In spirit or in body,

the congregation stands to sing hymns.

#### **A**NNOUNCEMENTS

#### Trinity Treasures Rummage Sale on Saturday, September 7

Trinity is having a rummage sale on Saturday, Sept. 7 from 10am to 2pm in the chapel. Make this event a success by donating your gently-used treasures. No clothing, shoes or furniture please. You can drop off items at church on Sunday mornings 10am - noon, Tuesday and Thursdays 4pm-6pm. Please take your donations to the glass atrium in the courtyard and someone will be there to accept them. Items will be collected until Sunday, August 31. For questions about donations and to volunteer for this sale, please contact Erickson (ehc@buffalo.edu) or Missy (missy.stolfi@gmail.com).

#### **Volunteers Needed September 28**



On Saturday, September 28, from 10am to 4pm Trinity Church will be participating in Explore Buffalo's Doors Open. During this free annual event, 30 historic buildings in downtown Buffalo will be open for tours. Last year there were over 5,000 participants. We are looking for Trinity members and friends to volunteer that day as greeters to welcome visitors to our beautiful space. Volunteers are needed for 1-2 hour shifts from 10-3. Explore Buffalo will also be providing 3-4 volunteers for check-in and to answer questions. You can sign up by emailing <a href="mailto:susandoherty50@hotmail.com">susandoherty50@hotmail.com</a> or at the sign-up <a href="mailto:here">here</a>.

### **Trinity Basket Raffle October 5**

Trinity will be having its first annual (hopefully) basket raffle this fall. Mark your calendars for **October 5!** We will need many helpers the day of the event for running the winning baskets and some prior to the event to help create baskets from donations received and organize everything for the day of. Anyone interested in helping please reach out to Jess Poleon at <a href="mailto:iesspoleon@gmail.com">iesspoleon@gmail.com</a> or Sharon Hirsch via phone 716-875-4683 or 716-480-5160. We are asking each member of the congregation to bring in a basket or gift card for the raffle. Additionally, we request each member to bring in a bottle of alcohol or wine for a special liquor raffle which will take place at the basket raffle. If you have a connection with a local business you think would be willing to donate, please reach out to Jess, she has already reached out to a number of local businesses. We don't want to double up on requests, so let her know and she will get you the request letter and mark you down as seeking the donation from that business/organization. We appreciate everyone's assistance and look forward to a fun event. Thank you, Jess Poleon, Basket Raffle Chair.

# **Worship Helpers Needed**



Are you willing to be involved with reading from the altar or greeting people at the door and helping direct them with what to expect? Please sign up at: <a href="https://www.signupgenius.com/go/70a0c4fafa629a3f58-trinity2">https://www.signupgenius.com/go/70a0c4fafa629a3f58-trinity2</a>. If you are interested in being more involved, but aren't interested in either of these roles, you can also plan on helping during services by bringing a device to connect to Facebook viewers and responding to comments during the service.

#### **Comfort and Care Team**

The Comfort and Care Team is here to help and support you or someone you know experiencing health or other life challenges. Email any one of us to request prayers, a caring phone call, notes, information on resources, a friendly visit, or arranging meals.

Phoebe McKay, phoebemckay@gmail.com
Susie Green, susie432@gmail.com
Patti Nisbet, tudorspace@aol.com

Marie Keane, MNMKeane@gmail.com
Sara Merritt, smerrit172@gmail.com

#### Parking at Trinity's Franklin Street Lot



When you come to a church service, you can park in Trinity's Franklin Street lot for free. Neither will the parking fees be enforced during Trinity events. But you can use the lot any other time you are in the neighborhood, too! Park in your church's lot any time you would have to pay for parking in the neighborhood so that Trinity gets the parking fee! Use your smartphone to pay.

#### **Explore Buffalo**



Learn more about Trinity's windows and the impact they have had on American art history. Share this Buffalo treasure with your friends! Explore Buffalo leads tours of Trinity's windows as part of its Sacred Spaces series. Check the website listed below or scan the QR code for the schedule. <a href="https://explorebuffalo.org/sacred-spaces/trinity-episcopal-church/">https://explorebuffalo.org/sacred-spaces/trinity-episcopal-church/</a>

# **Visiting Trinity**

The church is open by appointment for private prayer or meditation. Contact our parish administrator, Colleen O'Neill, at <a href="mailto:coneill@trinitybuffalo.org">coneill@trinitybuffalo.org</a> to schedule an appointment.

#### **Computer Volunteer Ministry Opportunity**

We are looking for a couple computer savvy volunteers who would be interested in volunteering as cyber sacristan to help with the livestream for the Sunday morning service and/or the Trinity @7 service. One only needs to be comfortable with using a computer and computer programs; the rest are easily learnable skills. If you'd like to know more or are interested in this volunteer ministry, please contact Jeffrey Tooke at <a href="mailto:jeffreytooke@outlook.com">jeffreytooke@outlook.com</a>



#### **Trinity Jazz Series**

Krista Seddon presents lecture-performances connecting classical and jazz music

September 20, "One Person Can Change The World" The Contributions of George Gershwin

October 18, "War & Peace" An American Story of Music & Hope

November 22, "Why The Beatles Still Speak To Us"

Purchase tickets here or scan the QR code.



**Tuesdays @noon** slow down, tune in, and take care with a gentle, mindful yoga class for any level of skill. Led by Heather Henry Rawlins, LMHC, RYT200, this Hatha yoga-based practice cultivates calm awareness, stability, and flexibility. Calm your nervous system and feel grounded in order to feel vividly present and full of ease. To sign up, click <a href="here">here</a> or email Heather at <a href="here">hhenryrawlins@gmail.com</a>







Sign up here to get Trinity's eNews to stay in touch!

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Finity is an Episcopal Church in the Diocesan Partnership of Western New York and Northwest Pennsylvania.





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Facebook: @Trinitybuffalo







The Rev. Matthew R. Lincoln, Rector mlincoln@trinitybuffalo.org (716) 852-8314 ext. 2

Krista Seddon, Director of Ensembles; Pianist

krista@kristaseddon.com www.kristaseddon.com

Paul Cena, Organist and Choir Director

prcena@verizon.net

The Rev. Deacon Jeffrey Tooke, Curate The Rev. William Roberts, Assisting Priest

Colleen O'Neill, Parish Administrator and

Director of Children's Ministries coneill@trinitybuffalo.org (716) 852-8314 ext. I

Jennifer Frey, Office Volunteer clerical@trinitybuffalo.org

Rich Mpelezos, Facility Manager rmpelezos@trinitybuffalo.org

Sarah Caputi, Caretaker Denise Lanzilotta, Caretaker Jay Mpelezos, Caretaker

#### **V**ESTRY

John Alduino, Senior Warden Erickson Contreras, Junior Warden

Bing Sherrill, Treasurer

Elaine "Gretchen" Lodick, Clerk

Clint Brown Emily Carlin Chris Cuccia Sue Doherty Connie Ervin Tim Lane Megan McElfresh

Missy Stolfi

#### CHOIR MEMBERS

Laura Munson, Section Leader

Cheryl Fisher

Elaine "Gretchen" Lodick

Christina Kinney

Laura Schleicher, Section Leader

Sue Doherty Jocelyn Toennissen

John Clayton, Section Leader

Steve Shanley

Tim Lane, Section Leader

Tom Owen Ignacio Villa

The choir is on their summer break.

# TODAY'S WORSHIP TEAM

Thursday @7pm

Voice of Trinity (Facebook): Julie Keller-Rizzo

Cyber Sacristans: Christian Eshelman, Barbara Hall-Griesmann

Officiant: The Rev. Jeffrey Tooke, Deacon Greeters: Patti Nisbet, Susan Doherty

Davis Bradley, Susan Doherty, Jeffrey Tooke Readers:

Prayers: Sally Cook Announcements: Susan Doherty

Linda Wagner, Clint Brown, Bruce McKay Altar Servers: Guest musicians: George Caldwell, piano; Tim Clarke, trumpet

Emily Carlin, Susan Doherty Counters: Patti Nisbet, Susan Doherty Bakers:

# All services are in person AND online:

Sunday @10:30am In-person worship while live streaming on Facebook and

> YouTube. The Sunday online Live Stream service remains accessible as a video recording on Trinity's Facebook and

YouTube pages after the service is over.

**Sunday @7:00pm** Featuring poetry and jazz, in person in the Chapel and on Zoom.

During the summer, we meet on the 1st and 3rd Sundays.

Wednesday @Noon Prayer and holy conversation, in person and on Zoom

> The wisdom and fellowship of 12-Step recovery, in person and on Zoom

Email your request for a link to the Zoom worship services here.