



trinity

@7

06.05.2022

## welcome

*Trinity @7 welcomes you in person and via Zoom. This is a time where we enjoy jazz combined with poetry and a thoughtful reflection. We're always glad to see you and to share this special time together. Even though some of us are in person and others on Zoom, we are one community for a little while. What joy!*

*No matter the venue, may you experience stillness when it is needed and much joy and laughter when they are needed, or perhaps when least expected. Besides beautiful music and words, we hope this evening brings you a little bit of peace.*

*We will continue to have a candle lighting time, either at a candle wall in the chapel or in your home.*

*At this time, we leave the decision up to you whether or not to wear a mask in the Chapel. Thank you.*

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On the cover:  
Painting by  
Georges Seurat

## welcome

### a moment with nature

### a centering prayer

Let us pray.

Beloved,  
open our minds and hearts.  
Lift the barriers, unbind the strong grasp of our demands  
when we want everything to go our way.

God of spaciousness,  
reach into our inward space,  
sweep out all the old clutter,  
enlarge our capacities to receive.

God of wisdom,  
empty us of whatever impedes the growth of our relationship.  
Help us to recognize and accept you as a source of our growth.

God of light,  
be among us and within us this night.

**amen**

## interlude

[Nature365.tv](https://www.nature365.tv)  
posts a daily video,  
usually 30 to 60  
seconds long, with  
beautiful sound as  
well as images.  
Check it out.

# First Listening

by Mark S. Burrows

*Animals and physical matter find a voice through those who contemplate them.*  
—Augustine of Hippo

When the rains fall after a long  
drought as they did last night,

you can almost hear the bursts  
of laughter and sense the ease

of the gnarly old olive trees,  
breaking the watchful silences

they've kept among themselves.  
And while we think it's ours to

give them voice, it could be  
they're the ones first listening.

## interlude

# Nothing Less

by Mark S. Burrows

*—a late-afternoon reverie in Taizé on a gentle hill looking westward*

The world of things is what it is, no more or less,  
yet we imagine we're more important than the rest—

like trees rooted where a seed once fell, aspiring to no  
other place or nobler form, or winds that blow wherever

they will without a trace of fear; like well-worn stones  
that lie here and there in the field where I idly sit, warmed

all day by the late-spring sun, or the flow of the creek that  
I can see but not hear, swollen by weeks of steady rain.

Across the gleaming field a herd of cows stands grazing  
contentedly, giving themselves to the day's needs without

a single thought, while on and on a swoop of swallows darts  
through clouds of gnats that come from no place I could see.

All these are what they are without a worry in the world—  
as we also long to be who are often uneasy with our lives;

each lives within a presence not theirs, each teaching us to  
seek nothing less than the ordinary miracle of everything.

Mark S. Burrows is poet, scholar of historical theology with an interest in mysticism and poetics, and an award-winning translator of German literature. He currently lives Camden, Maine.

Augustine of Hippo (354 - 430) is also known as Saint Augustine. [britannica.com](http://britannica.com) tells us that he was "one of the Latin Fathers of the Church and perhaps the most significant Christian thinker after St. Paul."

From Wikipedia:  
The Taizé Community is an ecumenical Christian monastic fraternity in Taizé, Saône-et-Loire, Burgundy, France. It is composed of more than one hundred brothers, from Catholic and Protestant traditions, who originate from about thirty countries around the world.

Rainer Maria Rilke (1875 – 1926) is widely recognized as one of the most lyrically intense German-language poets. Poemhunter.com says, “His haunting images focus on the difficulty of communion with the ineffable in an age of disbelief, solitude, and profound anxiety: themes that tend to position him as a transitional figure between the traditional and the modernist poets.”

Mark S. Burrows has translated some of Rilke’s work, though not *Letters to a Young Poet*. Drawn by some sympathetic note in his poems, young people often wrote to Rilke with their problems and hopes. He responded to a young, would-be poet, Franz Xaver Kappus, on poetry and on surviving as a sensitive observer in a harsh world. Kappus compiled and published those ten letters in 1929.

## interlude

### Quote from Rainer Maria Rilke

from *Letters to a Young Poet*

Be patient toward all that is unsolved in your heart and try to love the questions themselves, like locked rooms and like books that are now written in a very foreign tongue. Do not now seek the answers, which cannot be given you because you would not be able to live them. And the point is, to live everything. Live the questions now. Perhaps you will then gradually, without noticing it, live along some distant day into the answer.

## interlude

### No Permanence

by Mark S. Burrows

The dune grasses have no language of their own, gesturing in murmurs we can almost overhear.

They seem to whisper on calmer days but then wake to louder ways when the winds rise to twist

them where they stand and coax from them an almost soundless song. So, too, the shifting sands

that hold them with their loosely rooted feet; they know no permanence of form but wander

on, and as they do they carry the dunes along as they make their way along the edges of the sea,

reminding us that we live amid the changes, a part of an unseen whole that ever flows and never stays,

like wind and wave that drift without beginning or end and seem to dance in their mostly silent ways.

## interlude

## reflection

## interlude

## brief silent meditation

### the candle lighting

While Krista plays, feel free to light a candle at one of the walls. Let's do so mindfully and one at a time, leaving space between you and the person in front. If you're lighting a candle at home, do so as if you were in a sacred space. You are.



### closing prayer

Beloved God,  
our Mother,  
our Guide,  
our Father,  
our Seed,  
open the doors we need to pass through,  
light the path we need to walk.

Gracious One,  
dwell in our breath,  
shine as our light,  
look through our eyes  
that we may see truth.

**amen**

### postlude

**NOTE: TRINITY @7 MEETS NEXT ON SUNDAY, JUNE 19.**

# announcements

## **Eyewitness Bible: The Book of James**

Tim Lane and Jeffrey Tooke have been facilitating *The Book of James* from the *Eyewitness Bible* series, exploring the *Book of James* and looking at the major themes found there by watching and discussing video monologues of eyewitness characters from the book. The last discussion for the program is on **Wednesday, June 8 @7pm**, exploring foolishness and how the Spirit can work through things that may appear to be foolish.

Join Tim and Jeff using the Zoom link below:

<https://us02web.zoom.us/j/81668634672?pwd=eTVJZXFoNzVYdHZvSHZONG1NUUowZz09>

Meeting ID: 816-6863-4672    Passcode: trintalk

If you have any questions, email Jeffrey Tooke at [jeffreytooke@outlook.com](mailto:jeffreytooke@outlook.com).

## **Helping our Afghan neighbors**

Trinity is collecting household items for Journey's End to distribute to Afghan evacuee families who have come to Buffalo. Since the families are setting up completely new lives, they need just about everything so the list is long. A short sample: sheets and blankets, pots and pans, cleaning materials, tea kettle, cutting board, etc. Please read the full list, which is available [online](#) and at the back of the chapel. You can bring your items the next time we meet and leave them in a corner. Let the host or Matt know where they are. Thank you for your generosity! **June 19** will be your last opportunity to donate.

## **Trinity @7 this Summer**

Trinity @7 will have a bi-monthly schedule. We will meet in person and on Zoom on the first and third Sunday of the month from now through September.

Our dear friend George Caldwell will play piano for us while Krista takes a summer hiatus. He has a completely different and great style so come check out his music. We think you'll like it!

## **Volunteers Needed for Allentown**

Join us in welcoming the return of Allentown Art Festival visitors to Trinity's beautiful historic and sacred space. We will greet and share conversation with visitors on June 11 and June 12. For more information contact Patti Nisbet at [tudorspace@aol.com](mailto:tudorspace@aol.com).

Sign up with SignUpGenius (<https://www.signupgenius.com/go/70A0C4FAFA629A3F58-allentown1>) in 1-hour shifts. If you are able to volunteer for a 2 hour shift, that will also be very welcome!

Volunteers needed on either day: **Saturday, June 11 10am to 5pm**  
**Sunday, June 12 noon to 5pm**

## **Trinity Spaces for Rent**

Our church has work spaces--large and small--available for rent at Trinity Center. We hope to rent to groups and individuals that share our vision of community betterment. If you know someone that would be a good fit, please share this QR code which links to <https://www.trinitybuffalo.org/trinity-center-rentals>.



**Free Books, Please Take Some Home**

Please browse the bookshelf in the red carpet area and take home any books of interest. A new batch of books has replaced the old, so be sure to check out the bookshelves again.



Trinity is an Episcopal Church in the Diocesan Partnership of Western New York and Northwest Pennsylvania.

 Facebook: [@Trinitybuffalo](https://www.facebook.com/Trinitybuffalo)

 YouTube: [Trinity Church Buffalo](https://www.youtube.com/TrinityChurchBuffalo)

 Instagram: [@trinity.church.Buffalo](https://www.instagram.com/trinity.church.Buffalo)

 Twitter: [@trinitybuffalo1](https://twitter.com/trinitybuffalo1)

[www.trinitybuffalo.org](http://www.trinitybuffalo.org) • (716) 852-8314

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Thank you to Krista for the beautiful music. Have a great summer. We'll miss you!

Thank you to Matt Lincoln for bringing us together in every way he can imagine and then for being with us and reflecting from his heart.

Thank you to our host and readers.

Thank you to all the poets and musicians in the world who reflect life back to us in the most beautiful ways.

And of course, thank you.

Additional thanks to **Maria Geba** and **Jeff Wang** for allowing us to meet together on Zoom.

If you'd like to visit Trinity Church in person for some quiet contemplation or to view the stunning stained glass windows, you can schedule an appointment with the parish administrator Colleen O'Neill, [coneill@trinitybuffalo.org](mailto:coneill@trinitybuffalo.org).



Trinity has worked so hard during the pandemic to keep people's spiritual lives refreshed and engaged. We kept the whole staff on payroll. We learned how to make Trinity services available online, either with Zoom or Facebook live streaming or both. We've made a commitment to continue with our communities—online and in person. Your donation can be an expression of your gratitude for Trinity and all the blessings in your life and your hope for health in the world. You can [donate online here](#), or initiate an online donation by texting TRINITYBUFFALO to 73256, scan the QR code, or as you exit, you can make a contribution in the Big Blue Urn. Thank you for your participation and contribution. Peace.



**All services are in person AND online:**

**Sunday @10:30am** Includes communion at an open table

**Sunday @7:00pm** An encounter with God through poetry, jazz, and meditation

**Wednesday @Noon** Prayer and holy conversation

**Thursday @7pm** 12steps@Trinity, based on 12-step spirituality