



## Wednesday@Noon

*WEDNESDAY@Noon is an offering of online communion. We offer words and gestures to thank God for the life, death and resurrection of Christ through the sharing of bread and wine, asking God to nourish us with Christ's body and blood. Because we are separated from each other physically and are unable to give each other the bread and wine, we are unable to follow the forms exactly as tradition has handed them down to us. Thus we will do what we can, asking God for the grace to discern Christ's real presence.*

Blessed be God: Creator, Christ, and Holy Spirit.  
**And blessed be God's kingdom, now and forever. Amen.**

Gracious God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Jesus Christ we pray.  
**Amen.**

Open our lips, O God,  
**And our mouths shall proclaim your praise.**  
Be joyful, and serve God with gladness,  
**and come before God's presence with a song.**

Let us enter this sacred moment with thanksgiving,  
**and come into God's presence with praise.**  
God is good; God's mercy is everlasting;  
**and God's faithfulness endures from age to age.**

O God of compassion, whose heart goes out to the hungry and destitute; who takes our lack and transforms it into much: give us the bread that satisfies, the food without price, that our lives may be freed to share your overflowing love; through Jesus Christ, the breaker of bread. **Amen.**

## Three Readings

First Reading: First Reading

Isaiah 9:2-7

The people walking in darkness  
are seeing a brilliant light—  
upon those who dwell in a land of deep shadows  
light is shining!

God, you have made the nation greater—  
you have brought them abundant joy!

They celebrate in your presence  
as with the harvest celebrations,  
or as warriors celebrate when dividing spoils.

For the yoke that burdened them,  
the weight on their shoulders,  
the rod of their oppressors—  
you have shattered it,

as you did at the defeat of Midian.

For every boot that tramped in battle,  
every cloak that was dragged through blood,  
is now used as fuel for the fire.

For a child is born to us,  
an heir is given us,  
upon whose shoulders  
dominion will rest.

This One shall be called  
Wonderful Counselor, the Strength of God,  
Eternal Protector, Champion of Peace.

This dominion, and this peace,  
will grow without end,

with David's throne and realm  
sustained with justice and fairness,  
now and forever.

The zeal of God Almighty will accomplish it!"

Hear what the Spirit is saying to God's people

**Thanks be to God.**

Middle Reading: How the Light Comes, by Jan Richardson

I cannot tell you  
how the light comes.  
What I know  
is that it is more ancient  
than imagining.  
That it travels  
across an astounding expanse  
to reach us.  
That it loves  
searching out  
what is hidden  
what is lost  
what is forgotten  
or in peril  
or in pain.  
That it has a fondness  
for the body  
for finding its way  
toward flesh  
for tracing the edges  
of form  
for shining forth  
through the eye,  
the hand,

the heart.  
I cannot tell you  
how the light comes,  
but that it does.  
That it will.  
That it works its way  
into the deepest dark  
that enfolds you,  
though it may seem  
long ages in coming  
or arrive in a shape  
you did not foresee.  
And so  
may we this day  
turn ourselves toward it.  
May we lift our faces  
to let it find us.  
May we bend our bodies  
to follow the arc it makes.  
May we open  
and open more  
and open still  
to the blessed light  
that comes.

Hear what the Spirit is saying to God's people

**Thanks be to God.**

Gospel: Luke 2:1-20

In those days, Caesar Augustus published a decree ordering a census of the whole Roman world. This first census took place while Quirinius was governor of Syria. All the people were instructed to go back to the towns of their birth to register. And so Joseph went from the town of Nazareth in Galilee to “the city of David”—Bethlehem, in Judea, because Joseph was of the house and lineage of David; he went to register with Mary, his espoused wife, who was pregnant.

While they were there, the time came for her delivery. She gave birth to her firstborn, a son; she put him in a simple cloth wrapped like a receiving blanket, and laid him in a feeding trough for cattle, because there was no room for them at the inn.

There were shepherds in the area living in the fields and keeping night watch by turns over their flock. The angel of God appeared to them, and the glory of God shone around them; they were very much afraid. The angel said to them, “You have nothing to fear! I come to proclaim good news to you—news of a great joy to be shared by the whole people. Today in David’s city, a savior—the Messiah—has been born to you. Let this be a sign to you: you’ll find an infant wrapped in a simple cloth, lying in a manger.”

Suddenly, there was a multitude of the heavenly host with the angel, praising God and saying,

“Glory to God in high heaven!

And on earth, peace to those on whom God’s favor rests.”

When the angels had returned to heaven, the shepherds said to one another, “Let’s go straight to Bethlehem and see this event that God has made known to us.” They hurried and found Mary and Joseph, and the baby lying in the manger; once they saw this, they reported what they had been told concerning the child. All who heard about it were astonished at the report given by the shepherds.

Mary treasured all these things and reflected on them in her heart. The shepherds went away glorifying and praising God for all they had heard and seen, just as they had been told.

Hear what the Spirit is saying to God’s People

**Thanks be to God.**

# The Prayers of the People

The Lord be with you.

**And also with you.**

Let us pray.

I ask your prayers for God's people throughout the world; including members of all religions; the people and leadership of The Episcopal Church; and the community of Trinity. Let us pray for all who seek the beauty of holiness.

*Please feel free to voice the names of those in your prayers*

I ask your prayers for those who are sick, who struggle in poverty or under oppression, and for those who care for them. Let us pray for those in any need or trouble.

*Please feel free to voice the names of those in your prayers*

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. Let us pray for equity, mutual regard, and peace.

*Please feel free to voice the names of those in your prayers*

I ask your prayers for all who seek to practice their spirituality, and live more nearly according to their values. Let us pray for us all.

*Please feel free to voice the names of those in your prayers*

I ask your prayers for those who have died, and for those who grieve the absent. Let us pray for the grieving and the dead.

*Please feel free to voice the names of those in your prayers*

I ask your prayers of gratitude and joy.

*Please feel free to voice the names of those in your prayers*

And now, let us give thanks to God for the abundance of our lives.

**Thanks be to God! Amen.**

## The Peace

The peace of God be always with you.  
**And also with you.**

## Offertory

*All members of the online gathering now make any final preparations of their bread and wine, and show their plate and cup to the group.*

## Blessing and Sharing Bread and Wine

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give God thanks and praise.**

Eternal God, in the abundance of your love you have caused all things to be; from dust and spirit you have woven our humanity; in all our wanderings you never cease to call us to fullness of life. **You gave us Jesus, son of Mary, the bread of life broken for the world;** he fed us and feasted with us, he healed us and suffered for us; **his dying and rising have set us free from the poverty of sin and the famine of death.** Therefore, with all whom you have made, cherished and called, with all who hunger for your kingdom and will not rest until all your children are fed, with the broken saints and redeemed sinners of all the ages, we take up the song of your praise:

**Holy, holy, holy Lord,**

**God of power and might;**

**heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the one who comes in the name of the Lord.**

**Hosanna in the highest.**

*At the following words, everyone lifts their plate and cup into view.*

We ask that your Holy Spirit will fall upon us and upon these gifts that they may be to us the body and blood of our lord and brother, Jesus Christ; who, on the night that he was betrayed, gathered with his faltering friends for a meal that tasted of freedom.

Calling them to his table, he took bread, gave thanks, broke it and said: **“This is my body, which is given for you. Do this to remember me.”** In the same way after supper, he took the cup, saying: **“This cup is the new covenant in my blood. Do this, whenever you drink it, to remember me.”**

Therefore we proclaim him as creation’s host, transforming poverty into plenty in the reckless generosity of love.

**Inspire us with the hope that one day death and greed will be no more and people without number will come from east and west, north and south to share the kingdom meal.** We ask this through Jesus Christ our Lord, by whom and with whom and in whom in the unity of the Holy Spirit all honor and glory are yours, Author of blessings, for ever and ever. **Amen.**

Now, as Christ has taught us, we are bold to say,

**Our Father,\* who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,  
as we forgive those  
who trespass against us.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

\*Jesus revealed a new, personal sense of relationship with God by addressing God as something like “Papa.” Always feel free to use your most meaningful name for God in saying the Lord’s Prayer.

Although Trinity often uses different interpretations of the Lord’s Prayer when we worship, on Wednesdays we use the traditional version to express our trust that we are one with God and all people around the world and throughout history.

*All are invited to break their bread.*

The disciples knew the Lord Jesus in the breaking of the bread.

**Were not our hearts burning within us as we walked along the road?**

*During a moment of quiet, all receive their bread and wine.*

Let us pray.  
**Loving God,  
we give you thanks  
for restoring us in your image  
and remembering the body of Christ,  
which has been broken for the life of the world.  
Now give us grace to trust that we are  
a people, forgiven, healed, renewed.  
Give us the courage to proclaim your love to the world,  
and to continue in the risen life of Christ our Savior. Amen.**

Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things, and the blessing of God, the Holy and undivided Trinity, be with you always. **Amen.**

*This blessing is based on Philippians 4:8*

## Holy Conversation

*The collect at the top of page 2 and the prayer over the bread and wine are adapted from the writing of Steven Shakespeare in his book, Prayers for an Inclusive Church.*

*The cover image is a photo of the floor near the high altar at Trinity, a mosaic created by John LaFarge's studio.*