



trinity

@7

10.02.2022

welcome

Trinity @7 welcomes you in person and via Zoom. This is a time where we enjoy jazz combined with poetry and a thoughtful reflection. We're always glad to see you and to share this special time together. Even though some of us are in person and others on Zoom, we are one community for a little while. What joy!

No matter the venue, may you experience stillness when it is needed and much joy and laughter when they are needed, or perhaps when least expected. Besides beautiful music and words, we hope this evening brings you a little bit of peace.

We will continue to have a candle lighting time, either at a candle wall in the chapel or in your home.

At this time, we leave the decision up to you whether or not to wear a mask in the Chapel. Thank you.

NOTE ABOUT THE SCHEDULE: Starting tonight, Trinity @7 will gather weekly.

welcome

a moment with nature

a centering prayer

Let us pray.

We pray for another way of being:
another way of knowing.

Across the difficult terrain of our existence
we have attempted to build a highway
and in so doing have lost our footpath.

God lead us to our footpath:

Lead us there where in simplicity

we may move at the speed of natural creatures
and feel the earth's love beneath our feet.

Lead us there where step-by-step we may feel
the movement of creation in our hearts.

And lead us there where side-by-side

we may feel the embrace of the common soul.

Nothing can be loved at speed.

God lead us to the slow path; to the joyous insights
of the pilgrim; another way of knowing; another way of being.

amen

Cover photo by
Matt Lincoln

Nature365.tv
posts a daily video,
usually 30 to 60
seconds long, with
beautiful sound as
well as images.
Check it out.

Opening prayer
written by
Michael Leunig.

interlude

Sit and Be Still

by Wendell Berry

Sit and be still
until in the time
of no rain you hear
beneath the dry wind's
commotion in the trees
the sound of flowing
water among the rocks,
a stream unheard before,
and you are where
breathing is prayer.

interlude

The Bliss of With

by James Broughton

You have come to me out of antiquities
We have loved one another for generations
We have loved one another for centuries

You teach me to trust the voice of my voices

You teach me to believe my own believings
You touch the palpability of my possibilities

Together we reflect what our mirrors conceal
Together we upgrade the sun in our meridians
We remain open night and day to transcendence

You are incompletely disguised as a mortal
You are the eternal stranger I have always known
I saw your wings this morning
I saw your wings this morning

interlude

Wendell Berry (b. 1934), author of poetry and fiction and nonfiction, was born and raised in rural Kentucky. His writing reveals a steadily growing concern with the abuse of the land and with the need to restore the balance of nature.

James Broughton (1913—1999) was a poet, filmmaker, and playwright.

Michael Leunig (b.1945) is an Australian cartoonist, writer, painter, philosopher, and poet. His commentary on political, cultural and emotional life spans more than forty years, and has often explored the idea of an innocent and sacred personal world.

The path to your door

by Michael Leunig

The path to your door
Is the path within,
Is made by animals,
Is lined by thorns,
Is stained with wine,
Is lit by the lamp of sorrowful dreams,
Is washed with joy,
Is swept by grief,
Is blessed by the lonely traffic of art,
Is known by heart,
Is known by prayer,
Is lost and found,
Is always strange,
The path to your door.

interlude

A Fortunate Day

by Richard Wehrman

On a fortunate day,
when night and day meet,
and some silence passes between
them with no enmity, no battle,
as the green field climbs, grasses
rising gold in the edges of the sun,
the path appears before you,
well laid and inviting.
You're sure it wasn't here before,
though something in you
knows it always was, always
will be. The strength in your legs
returns to you, your body
straightens, your nose sniffs

the air. There is nothing beyond you.
You kneel and empty your pockets,
your bag. There's no need for
these keys or this wallet. This
fear that has worn you out,
what use is it now? The old photos—
you can feel something tear, just
a bit, like a leaf leaving its
tree. There, you say. Maybe
somebody else can use them.
But the sun is rising higher now,
and the warmth. And there's a long
way to go, but your feet,
confident, already know the way.

interlude

reflection

Richard Wehrman is an award-winning illustrator, graphic designer, and poet who lives in rural Upstate New York. Wehrman's poetry is influenced by the language and heart teachings of the 13th and 14th-century poets, Rumi and Hafiz.

interlude

brief silent meditation

the candle lighting

While Krista plays, feel free to light a candle at one of the walls. Let's do so mindfully and one at a time, leaving space between you and the person in front. If you're lighting a candle at home, do so as if you were in a sacred space. You are.



closing prayer

Let us pray
Beloved, make us an instrument of your peace.

Where there is hatred, let us bring love.

Where there is offense, let us bring pardon.

Where there is discord, let us bring union.

Where there is error, let us bring truth.

Where there is doubt, let us bring faith.

Where there is despair, let us bring hope.

Where there is darkness, let us bring light.

Where there is sadness, let us bring joy.

**O Master, let us not seek as much
to be consoled as to console,
to be understood as to understand,
to be loved as to love,
for it is in giving that one receives,
it is in self-forgetting that one finds,
it is in pardoning that one is pardoned,
it is in dying that one is raised to eternal life.**

amen

postlude

The closing prayer is often associated with Francis of Assisi, but is, according to Wikipedia, "entirely absent from his writings, the prayer in its present form has not been traced back further than 1912. Its first known occurrence was in French, in a small spiritual magazine called *La Clochette* (The Little Bell), published by a Catholic Church organization in Paris. . . The Franciscan Order does not include the prayer in its official "Prayers of St. Francis," and a church historian has noted that the phrasing of the first half of the text ("let me...") is atypically self-oriented for Francis." Tonight's version is taken from the original French, but has replaced "me" with "us."

announcements

Tech Volunteer Needed

Do you have a facility in using a laptop? Familiar with Zoom or other remote meeting programs? Interested in a volunteer job that won't eat up a lot of your time? Trinity @7 (which meets in the Chapel on Sunday nights @7pm) needs someone to run Zoom during the service. We're talking about arriving at 6:30 and departing around 8pm. As a bonus, you get to hear Krista's great playing and experience a lovely quiet atmosphere. Matt will teach you what you need to know. Plus, he'll usually be there should any snafus occur. If you're interested, please email Teresa Maciocha at tmaciocha@aol.com.

Friends of Night People

We are looking for volunteers to help out at Friends of Night People. Friends of Night People provides food, clothing, medical care, counseling and other necessities to people in our community experiencing homelessness and poverty. We would love to have you join us on the **second Monday** of each month from 4:45-7. For more information, please speak to Emily Carlin or email: emily.g.carlin@gmail.com

The Story of God

On **Wednesday evenings @7pm**, Tim Lane and Jeffrey Tooke are facilitating discussions on the "The Story of God" series with Morgan Freeman which looks at the world's religions and the important questions we all ask. On **Wednesday, October 5**, @7pm, we will watch "Who Is God?" and explore who God is and how who God is has evolved over human history.

You are invited to join Tim and Jeff on Wednesdays @7pm using the zoom link below:

<https://us02web.zoom.us/j/81668634672?pwd=eTVJZXFoNzVYdHZvSHZONG1NUUowZz09>

Meeting ID: 816-6863-4672 Passcode: trintalk

If you have questions about the group, please send an email to Jeffrey Tooke at jeffreytooke@outlook.com.

Trinity Spaces for Rent

Our church still has the first floor of 393 Delaware available for rent. See <https://www.trinitybuffalo.org/copy-of-trinity-center-rentals>. We hope to rent to a group and individuals that share our vision of community betterment. If you know someone that would be a good fit, please have them call Colleen O'Neill at 716-852-8314 ext 1 or send an email to coneill@trinitybuffalo.org.



Used Shoe Fundraiser Coming in November

The Fundraising Team is planning a shoe collection drive beginning in Nov. More details will follow as we get closer. In the meantime, please hold on to your gently used dress shoes and sneakers. We'll need lots of shoes to meet our goal. If you would like to get involved in this unique fundraiser, please contact Erickson at ehc@buffalo.edu. Thanks!!



Sign up [here](#) to get Trinity's eNews to stay in touch!

FACET & FORM

GLASS TRADITION REIMAGINED

GET YOUR TICKETS NOW!

FRIDAY, NOVEMBER 4, 2022
5:30PM - 9:00PM

TRINITY EPISCOPAL CHURCH
BUFFALO, NY



The Stained Glass
Association of America
Foundation

Facet & Form

Explore, create, and reconsider at Facet & Form this Fall. On **November 4**, join in glass-creating activities, meet artisans testing the boundaries of stained glass, and learn more about how historic glass is preserved and created. Experiences in the arts await you around every corner of Trinity's historic campus. The art and craft of architectural stained glass and mosaic are illuminated as you've never had the opportunity to see it before. This fundraiser will support glass education, scholarships and the preservation and sharing of the visionary and artistic stained glass treasures of Trinity Church.



Click <https://stainedglass.org/foundation/facet-and-form> or use the QR code for tickets.

Volunteer opportunities are available for Trinity Community! On Friday, **November 4**, Trinity is partnering with the Stained Glass Association of America for Facet & Form: Glass Tradition Reimagined. This event will showcase and support the Trinity campus and historical windows, complete with on-site glass melting demonstrations, food, drinks, and more! We need your support - from window docents sharing the jewels of Trinity, to registration and raffles, there are volunteer opportunities for everyone! For more event details, visit stainedglass.org. For volunteer sign-up, scan the QR or visit <https://www.signupgenius.com/go/70a0c4fafa629a3f58-facet>.



 Facebook: [@Trinitybuffalo](https://www.facebook.com/Trinitybuffalo)

 YouTube: [Trinity Church Buffalo](https://www.youtube.com/TrinityChurchBuffalo)

 Instagram: [@trinity.church.Buffalo](https://www.instagram.com/trinity.church.Buffalo)

 Twitter: [@trinitybuffalo1](https://twitter.com/trinitybuffalo1)

www.trinitybuffalo.org • (716) 852-8314

371 Delaware Ave Buffalo, NY 14202



Trinity is an Episcopal Church in the Diocesan Partnership of Western New York and Northwest Pennsylvania.

Much gratitude to our pianist, Krista Seddon.

Thank you to Matt Lincoln for bringing us together in every way he can imagine and then for being with us and reflecting from his heart.

Thank you to our host and readers.

Thank you to all the poets and musicians in the world who reflect life back to us in the most beautiful ways.

And of course, thank you.

If you'd like to visit Trinity Church in person for some quiet contemplation or to view the stunning stained glass windows, you can schedule an appointment with the parish administrator Colleen O'Neill, coneill@trinitybuffalo.org.



Your donation can be an expression of your gratitude for Trinity and all the blessings in your life and your hope for health in the world. You can [donate online here](#), initiate an online donation by texting TRINITYBUFFALO to 73256, scan the QR code, or as you exit, you can make a contribution in the Big Blue Urn.



Thank you for your participation and contribution. Peace.

All services are in person AND online:

Sunday @10:30am Includes communion at an open table

Sunday @7:00pm An encounter with God through poetry, jazz, and meditation.

Wednesday @Noon Prayer and holy conversation

Thursday @7pm 12steps@Trinity, based on 12-step spirituality