

## **A Service of Holy Communion**

January 22, 2023

Third Sunday after the Epiphany

## **Welcome to Trinity's gathered community! We are together on-site and online!**

The people of Trinity Church gather around a table piled high with spiritual food, and there is a place for you and everyone at the table, whatever your religious practice may be. If you are at Trinity in person, know that this congregation supports anyone who wears a mask to reduce risk of infection. Please feel free to receive communion and participate in the service as fully as you want. **If you are watching the Facebook Live Stream, you may add comments, likes, etc. to the comment section at any time! If you are on-site, you can use your mobile device to join the Facebook Live Stream to connect with other worshippers in the comment section. Just make sure your volume is all the way down! WiFi internet access is publicly available. Use the "Trinity Open" network with the password "Welcome!"**

Trinity Church is a metropolitan house of prayer, a community of worship and spiritual inquiry, welcoming all people. Recognizing our common brokenness, yet rejoicing in the reconciling love of God through Jesus Christ, we nurture one another in our spiritual life together. This communal worship service is many things, including an offering of your prayers. You may light a candle on one of the candle walls at any time during worship as a tangible way to make that prayer offering, or if you are online, request a candle lighting in the comments, and someone on-site will light a candle on your behalf. If you are not on-site, rest assured that your presence online is felt and valued.

**Children, with all their sounds and movements, are a welcome part of the gathering for worship.** It is perfectly appropriate to keep your kids with you in the pew. If your baby or toddler would be happier being able to crawl around and play in the care of our fully vaccinated nursery attendant, the nursery is also available. You can find the nursery by going through the door near the baptismal font in the front right corner of the church. **Additionally, there is now a Kids' Corner in the back-right corner of the pews. It is an enclosed and safe space for small children (attended by their parents) to play quietly on the floor while staying in church. Please note that there is a changing table located in the nursery. Additionally, there is a room in the back left corner of the church that has a rocking chair where you can attend to your child.**

**Name tags** are not required, but they sure help! You'll find sticky tags and markers on a table in the red carpet area near the entrance.

**If you would like to receive more information** about Trinity Church, please sign our guest book, located near the entrance. Everyone is welcome to enjoy refreshments and conversation after worship. Trinity Church is an Episcopal Church in the Diocesan Partnership of Western New York and Northwest Pennsylvania, and is a part of the Anglican Communion, which is based in England, but found worldwide.

*Cover image:  
"Beautiful Shards"  
by Matt Lincoln,  
2011*

CENTERING PRAYER

Let us pray.

**Dear God,**

**We struggle, we grow weary, we grow tired.**

**We are exhausted, we are distressed, we despair.**

**We give up, we fall down, we let go.**

**We cry. We are empty, we grow calm, we are ready**

**We wait quietly.**

**A small, shy truth arrives.**

**Arrives from without and within us.**

**Arrives and is born. Simple, steady, clear.**

**Like a mirror, like a bell, like a flame, like rain in summer**

**A precious truth arrives and is born within us. Within our emptiness.**

**We accept it, we observe it, we absorb it.**

**We surrender to our bare truth.**

**We are nourished, we are changed.**

**We are blessed. We rise up.**

**For this we give thanks.**

**Amen.**

*This centering  
prayer was  
written by  
Michael Leunig.*

*Continued on next page*

*In spirit or in body,  
the congregation  
stands to sing  
hymns.*

OPENING HYMN

“Will you come and follow me”



1. Will you come and fol - low me if I but
2. Will you leave your - self be - hind if I but
3. Will you let the blind - ed see if I but
4. Will you love the “you” you hide if I but
5. Lord, your sum - mons ech - oes true when you but



call your name? Will you go where  
 call your name? Will you care for  
 call your name? Will you set the  
 call your name? Will you quell the  
 call my name? Let me turn and



you don't know and nev - er be the  
 cruel and kind and nev - er be the  
 pris - oners free and nev - er be the  
 fear in - side and nev - er be the  
 fol - low you and nev - er be the



same? Will you let my love be  
 same? Will you risk the hos - tile  
 same? Will you kiss the lep - er  
 same? Will you use the faith you've  
 same. In your com - pan - y I'll



shown, will you let my name be  
 stare should your life at - tract or  
 clean and do such as this un-  
 found to re - shape the world a-  
 go where your love and foot - steps

*Contributor:  
John Bell  
Text: © 1987, GIA/  
Iona Community /  
WGRG*



known, will you let my life be  
 scare, will you let me ans - wer  
 seen and ad - mit to what I  
 round through my sight and touch and  
 show. Thus I'll move and live and



grown in you and you in me?  
 prayer in you and you in me?  
 mean in you and you in me?  
 sound in you and you in me?  
 grow in you and you in me.

*Nobody set out to write The Bible. The Hebrew Scriptures were created over many centuries by many people to record the Jewish People's experience of God. The same is true of the Christian Scriptures, some of which were letters written to a specific audience in response to specific needs—and were then found to be helpful to the faithful even after fulfilling their original purpose.*

**FIRST READING**

I CORINTHIANS 1:10-18

beg you, sisters and brothers, in the name of our Savior Jesus Christ, to agree in your message. Let there be no factions; rather, be united in mind and judgment. I have been informed, my sisters and brothers, by certain members of Chloe's household, that you are quarreling among yourselves. What I mean is, one of you is saying, "I belong to Paul," another, "I belong to Apollos," still another, "I belong to Cephas," still another, "I belong to Christ." What—has Christ been divided into parts? Was it Paul who was crucified for you? Was it in Paul's name that you were baptized? Frankly, I'm thankful I didn't baptize any of you, except Crispus and Gaius, so that none of you can say you were baptized in my name! Oh yes, I did baptize the household of Stephanas, but no one else as far as I can remember.

The point is, Christ didn't send me to baptize but to preach the Gospel—not with human rhetoric, however, lest the cross of Christ be rendered void of its meaning! For the message of the cross is complete absurdity to those who are headed for ruin, but to us who are experiencing salvation, it is the power of God.

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

*The Bible readings are taken from The Inclusive Bible: The First Egalitarian Translation by Priests for Equality.*

**ECHO**

"Take, O take"



Take, O take me as I am; — sum - mon out what I shall be; —



set your seal up - on my heart and live in me. —

*Contributors: Iona Community  
 Tune: © 1995, The Iona Community, GIA Publications, Inc., agent Text: © 1995, The Iona Community, GIA Publications, Inc., agent*

## MIDDLE READING

“THE WAY IT IS” BY ROSEMERRY WAHTOLA TROMMER

*The Middle Reading fills the role of a Bible reading, but it doesn't come from the Bible. It is our way of trying to listen for God's ongoing word as it is spoken outside the limits of the Bible. Most often, we turn to contemporary poets for this reading.*

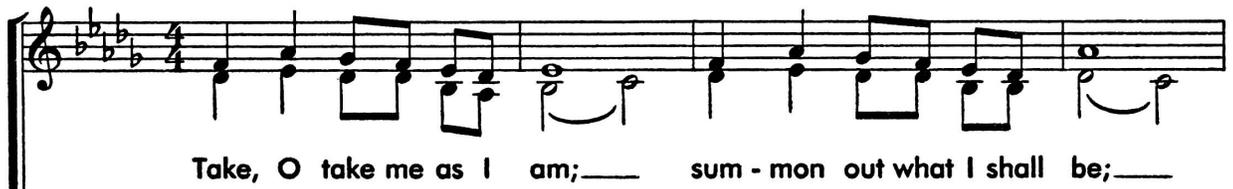
*Rosemerry Wahtola Trommer is a published Colorado poet and acappella singer. She wrote a poem a day from 2006 until the death of her son in August 2021. After taking a break from writing, she has resumed her practice of a poem a day. Visit her at [www.wordwoman.com](http://www.wordwoman.com)*

Over and over we break  
open, we break and  
we break and we open.  
For a while, we try to fix  
the vessel—as if  
to be broken is bad.  
As if with glue and tape  
and a steady hand we  
might bring things to perfect  
again. As if they were ever  
perfect. As if to be broken is not  
also perfect. As if to be open  
is not the path toward joy.

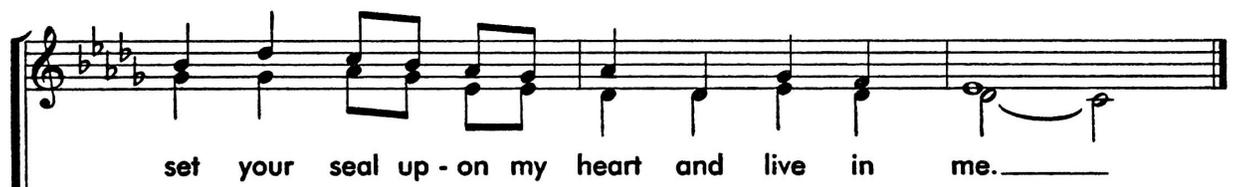
The vase that's been shattered  
and cracked will never  
hold water. Eventually  
it will leak. And at some  
point, perhaps, we decide  
that we're done with picking  
our flowers anyway, and no  
longer need a place to contain them.  
We watch them grow just  
as wildflowers do—unfenced,  
unmanaged, blossoming only  
when they're ready—and my god,  
how beautiful they are amidst  
the mounting pile of shards.

Hear what the Spirit is saying to God's people.

**Thanks be to God.**



Take, O take me as I am; — sum - mon out what I shall be; —



set your seal up - on my heart and live in me. —

ECHO

“Take, O take”

## GOSPEL READING

MATTHEW 4:12-23

**W**hen Jesus heard that John had been arrested, he went back to Galilee. He left Nazareth and settled in Capernaum, a lakeside town near the territory of Zebulun and Naphtali. In this way the prophecy of Isaiah was fulfilled: "Land of Zebulun, land of Naphtali, the way to the sea on the far side of the Jordan, Galilee of the Gentiles: the people who lived in darkness have seen a great light; on those living in the land of the shadow of death a light has dawned."

From that time on, Jesus began proclaiming the message, "Change your hearts and minds, for the kingdom of heaven is at hand!" As Jesus was walking along the sea of Galilee, he watched two brothers, Simon, who was called Peter, and Andrew, casting a net into the sea. They fished by trade. Jesus said to them, "Come follow me, and I will make you fishers of humankind." They immediately abandoned their nets and began to follow Jesus.

Jesus walked along further and caught sight of a second pair of brothers, James and John, ben-Zebedee. They too were in their boat, mending their nets with their father. Jesus called them, and immediately they abandoned both boat and father to follow him.

Jesus traveled throughout Galilee, teaching in the synagogues, proclaiming the Good News of the kingdom of heaven and healing all kinds of diseases and sicknesses among the people.

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

## ECHO

see previous page

"Take, O take"

## SERMON

THE REV MATT LINCOLN

## MUSICAL REFLECTION

## AFFIRMATION OF FAITH

**We are not alone, we live in God's Creation.**

**We believe in God:**

**who has created and is creating,  
who has come in Jesus,  
the Word made flesh,  
to reconcile and make new,  
who works in us and others by the Spirit.**

**We trust in God.**

**We are called to be the Church:**

**to celebrate God's presence,  
to love and serve others,  
to seek justice and resist evil,  
to proclaim Jesus,  
crucified and risen,  
our judge and our hope.**

*It is customary (but not required) to stand for the Gospel reading because it symbolizes the mystical presence of Christ.*

*The four Gospels hold the core of Christian spiritual wisdom, reflecting the earliest stories and images of Jesus. Like all Scripture, they are not definitive prescriptions but narrative stories requiring endless interpretation.*

*The sermon invites your curiosity and thoughtfulness about the theme of worship, and is intended to evoke your thoughts rather than direct them. A recording of the sermon is posted to the parish website each week, usually by Tuesday.*

*In spirit or in body, please stand.*

*This creed comes from the United Church of Canada. Like the Nicene Creed that it reflects, it is an expression of faith intended as a symbol of solidarity with other Christians throughout history but not as a pledge of allegiance required for membership. Participate at your own level of comfort.*

Continued on next page

**In life, in death, in life beyond death,  
God is with us.  
We are not alone.  
Thanks be to God.  
Amen.**

*These prayers are  
an effort to pray  
with one voice even  
though we have a  
diversity of needs  
and hopes.*

### COMMUNITY PRAYER

Today's invitation to pray for each other, the church, and the world is based on the prayers of Walter Brueggemann and several others. Words will alternate with music, giving you a chance to listen to the still, small voice only you can hear, and to respond in the comment section if you wish.

The Lord be with you.

**And also with you.**

Let us pray for the Church and for the world.

Loving God, you have set us in families and clans, in cities and neighborhoods. Our common life began in a garden, but our destiny lies in the city. You have placed us in and around Buffalo. This is our home. Your creativity is on display here through the work of human hearts and hands.

We pray for Buffalo today—for the East Side and the West Side, North Buffalo and South Buffalo. We pray for people from the First Ward and the Fruit Belt. We pray for our poorest neighbors and for powerful people in banks and businesses downtown.

Musical Response

We pray for neighboring communities from across our partnership: from Olcott to Olean, from Angola to Albion, from Erie to Edinboro, from Emporium to New Castle and a thousand other cities connected to our own.

Musical Response

In all our neighborhoods this day there will be crime and callous moneymaking; there will be powerful people unable or unwilling to see the vulnerable who are their neighbors. There will also be beautiful acts of compassion and creativity in all these places—forgiveness and generosity; neighbors working together for a more just community.

Help us see this place as something other than a battleground between us and them, where our imaginations are limited by win/lose propositions and endless rivalry. Show us a deeper reality, God: Show us your Beloved Community.

Musical Response

We pray for the protection of all people around the world from the coronavirus, and for all who are in danger of violent attack. We pray also for all others who are sick or lonely, all who are overwhelmed by difficult circumstances, or trapped in harmful relationships. We pray for all who grieve, and all who live in fear. We pray for all who are dependent on the compassionate care of others, and for those who work tirelessly to care for the ones who are in need. We pray for our beautiful planet, and for the wisdom and will to stop climate change.

Prosper our city, and help us to trust that you are God, we pray in the name of the one who wept over the Holy City, Jesus Christ, our Lord. **Amen.**

## THE PEACE

The peace of the Lord be always with you.

### And also with you.

*Now would be a great time to add a comment to the Live Stream!*

## ANNOUNCEMENTS

### OFFERTORY ANTHEM

“O NATA LUX” BY THOMAS TALLIS

*O nata lix de lumine,  
Jesu redemptor saeculi,  
Dignare clemens supplicum  
Laudes preces que sumere.  
Qui carne quondam contegi  
Dignatus es pro perditis.  
Non membra confer effici,  
Tui beati corporis.*

*O light from light, resplendent birth,  
Jesus redeemer of the earth,  
In mercy grant us this reprieve;  
Our prayers and praises to receive.  
Thou who in flesh didst once appear  
To set our souls free from sin and fear;  
Gather us all, O Lord we plea,  
In thy blest body, one with thee.*

### SHARING THE OPEN TABLE

*All are welcome to receive Communion at Trinity Church. No Exceptions!*

The Lord be with you.

### And also with you.

Lift up your hearts.

### We lift them to the Lord.

Let us give thanks to the Lord our God.

### It is right to give God thanks and praise.

Eternal God, in the abundance of your love you have caused all things to be; from dust and spirit you have woven our humanity; in all our wanderings you never cease to call us to fullness of life.

**You gave us Jesus, son of Mary, the bread of life broken for the world;** he fed us and feasted with us, he healed us and suffered for us; **his dying and rising have set us free from the poverty of sin and the famine of death.** Therefore, with all whom you have made, cherished and called, with all who hunger for your kingdom and will not rest until all your children are fed, with the broken saints and redeemed sinners of all the ages, we take up the song of your praise:

Ho - ly, ho - ly, ho - ly Lord, God of power and  
might, Ho - ly, ho - ly, ho - ly Lord,  
God of power and might, hea - ven and earth are

**Your financial support** is not only a practical necessity. It can also be a very meaningful symbolic gesture, expressing your gratitude for the blessings in your life and your hope for health in the world. You can place cash or a check in the big blue urn at the head of the aisle or [donate online here](#), or initiate an online donation by texting TRINITYBUFFALO to 73256. You can also get there by scanning this QR code:



*In spirit or in body, please stand.*

*This Eucharistic Prayer is adapted from Steven Shakespeare's Prayers For An Inclusive Church.*

*From Deutsche Messe by F. P. Schubert*

full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

in the high - est. Bless'd is the one who comes

in the name of the Lord. Ho - san - na

We ask that your Holy Spirit will fall upon us and upon these gifts that they may be to us the body and blood of our lord and brother, Jesus Christ; who, on the night that he was betrayed, gathered with his faltering friends for a meal that tasted of freedom.

Calling them to his table, he took bread, gave thanks, broke it and said: **“This is my body, which is given for you. Do this to remember me.”**

In the same way after supper, he took the cup, saying: **“This cup is the new covenant in my blood. Do this, whenever you drink it, to remember me.”**

Therefore we proclaim him as creation’s host, transforming poverty into plenty in the reckless generosity of love.

**Inspire us with the hope that one day death and greed will be no more and people without number will come from east and west, north and south to share the kingdom meal.** We ask this through Jesus Christ our Lord, by whom and with whom and in whom in the unity of the Holy Spirit all honor and glory are yours, Author of blessings, for ever and ever. **Amen.**

*We are following a pattern of going back and forth between using an alternative interpretation of the Lord's Prayer for a few weeks and then using the traditional Prayer Book version for a few weeks.*

Now, as Christ has taught us, we are bold to say:

**God, who cares for us,  
The wonder of whose presence fills us with awe.  
Let kindness, justice and love shine in our world.  
Let your secrets be known here as they are in heaven.  
Give us the food and the hope we need for today.  
Forgive us our wrongdoing  
as we forgive the wrongs done to us.  
Protect us from pride and from despair  
and from the fear and hate which can swallow us up.  
In you is truth, meaning, glory and power,  
while worlds come and go.  
Amen.**

The disciples knew the Lord Jesus in the breaking of the bread.

**Were not our hearts burning within us as we walked along the road?**

### RECEIVING COMMUNION

*For those of you online, you may partake in communion using your own bread and wine or any substitutes that are meaningful to you.*

*For those in the building, you have several options: 1) stay in your place and receive communion from a communion kit that you picked up in the entrance to the church, or 2) bring a communion kit with you to the gathering near the altar and receive it in the company of others, or 3) come up to the altar and receive a piece of pita or a gluten-free rice cracker, or 4) come up, receive a piece of pita and ask the celebrant to dip it in the chalice so you can receive the wine as well.*

### PRAYER FOR THE ROAD

Let us pray:

**Loving God,  
we give you thanks  
for restoring us in your image  
and remembering the body of Christ,  
which has been broken for the life of the world.  
Now give us grace to trust that we are  
a people, forgiven, healed, renewed.  
Give us the courage to proclaim your love to the world,  
and to continue in the risen life of Christ our Savior. Amen.**

### BLESSING

Life is short. We do not have too much time to gladden the hearts of those who make the journey with us. So be swift to love. Make haste to be kind. And may the blessing of God, who made us, who loves us, and who animates and guides us be with you now and always

**Amen.**

*This version of the Lord's Prayer was written by Monica Furlong (1930-2003), a British author, journalist, and activist.*

*Jesus revealed a new, personal sense of relationship with God by addressing God as something like "Papa." Always feel free to use your most meaningful name for God in saying the Lord's Prayer.*

*This blessing is based on the words of Henri Frederic Amiel (1821-1881).*

*In spirit or  
in body, the  
congregation  
stands to sing  
hymns.*

## HYMN

“GO FORTH FOR GOD”



Go\_\_ forth for God; go to the world in peace;  
Go\_\_ forth for God; go to the world in love;  
Go\_\_ forth for God; go to the world in strength;  
Go\_\_ forth for God; go to the world in joy;



Be\_\_ of good cour - age, armed with heaven - ly grace,  
strength - en the faint, give cour - age to the weak;  
hold\_\_ fast the good, be ur - gent for the right;  
to\_\_ serve God's peo - ple ev - ery day and hour,



in\_\_ God's good Spi - rit dai - ly to in - crease, 'til  
help\_\_ the af - flict - ed; rich - ly from a - bove God's  
ren - der to no one e - vil; Christ at length shall  
and\_\_ serv - ing Christ, our ev - ery gift em - ploy, re -



in the end, we see God face to face.  
love sup - plies the grace and power we seek.  
o - ver - come all dark - ness with his light.  
joic - ing in the Ho - ly Spi - rit's power.

Tune by M. Lincoln, arr. A. Murchie, Copyright © 2005 Matthew Lincoln. Descant by Eileen Chapman.  
Words by J. R. Peacey (1896-1971) and *English Praise*, 1975, alt. Revised, 2016.

*Our spiritual  
practice is  
renewed as we  
leave here and  
begin again  
to work the  
promises of the  
covenant.*

## DISMISSAL

Go in peace to follow the way of Christ. Alleluia, alleluia!

**Thanks be to God. Alleluia, alleluia!**

## POSTLUDE

“CHRIST UNSER HERR ZUM JORDAN KAM” (CHRIST THE LORD TO JORDAN CAME) BY J.S. BACH

*Some of the music in this service used with permission to podcast/stream/reproduce under OneLicense, License #A-700776. Other music from Church Publishing (Hymnal 1982; Wonder Love & Praise; Lift Every Voice and Sing II) is reproduced under a license from RiteSong. All rights reserved.*

## ANNOUNCEMENTS

### **Discussion Group: Church – A Community Called for the Future**

On **Wednesdays @7pm**, Tim Lane and Jeffrey Tooke are facilitating discussions on this program from *The Work of the People*. Each week we watch a short video and discuss issues about how congregations and the church can be a life-giving and life-sustaining body responding to the Spirit amongst us.

Join Tim and Jeff this **Wednesday, January 25 @7pm** using the zoom link below:

<https://us02web.zoom.us/j/81668634672?pwd=eTVJZXFoNzVYdHZvSHZONGINUUowZz09>

Meeting ID: 816-6863-4672 Passcode: trintalk

If you have questions about the group, please send an email to Jeffrey Tooke at [jeffreytooke@outlook.com](mailto:jeffreytooke@outlook.com).

### **Friends of Night People**

We are looking for volunteers to help out at Friends of Night People, which provides food, clothing, medical care, counseling and other necessities to people in our community experiencing homelessness and poverty. We would love to have you join us on the **second Monday** of each month from 4:45-7. For more information, please speak to Emily Carlin or email: [emily.g.carlin@gmail.com](mailto:emily.g.carlin@gmail.com)

### **Love Letters Performance by the Fantinis, Friday, February 10**

Elaine & John Fantini are performing A. R. Gurney's play, *Love Letters*, at Trinity. The play is a funny and emotional portrait about the powerful connection of love. Two friends, rebellious Melissa Gardner and straight arrow Andrew Makepeace Ladd III, have exchanged notes, cards, and letters with each other for over 50 years. Beginning in second grade and well into adulthood, they have spent a lifetime discussing their hopes and ambitions, dreams and disappointments, and victories and defeats. Long after the letters are done, the real question remains: Have they made the right choices, or is the love of their life only a letter away? **Friday, February 10 @7pm** in the chapel. (doors will open at 6:30.) Tickets are \$25, available by clicking [here](#) or use the QR code. All proceeds benefit Trinity.



### **Shoe Fundraiser**

We continue to collect gently used footwear until we have a pickup date from [funds2orgs.com](https://funds2orgs.com). So please take another look and bring in those shoes! They can be placed in the labeled collection bin in the Red-Carpet area on Sunday mornings. Please contact Erickson at [ehc@buffalo.edu](mailto:ehc@buffalo.edu) with questions. Thanks to all who've donated shoes!

### **Trinity Spaces for Rent**

Our church has work spaces available for rent at both 371 and 393 Delaware Ave. We hope to rent to groups or individuals that share our vision of community betterment. We also have coveted downtown parking space available on Franklin Street. We are hoping to rent the entire 75 spaces, which are available Monday-Friday until 5pm, to one group. If you know someone that would be a good fit, please share this QR code which links to a webpage description at <https://www.trinitybuffalo.org/trinity-center-rentals>.



### **Mutual Aid and Emergency Preparedness - Initial Response Training**

Join our friends at Clean Air Coalition of WNY on **Thursday, February 9** from 12-5 here at Trinity Church for a training to strengthen our community's mutual aid responses to emergencies and to learn life-saving medical skills with trainers from Erie County Department of Health. The training will cover the basics of mutual aid during disaster response as well as emergency medical response, like how and when to use Narcan, how to do hands-only CPR, and how to "Stop the Bleed." Childcare and lunch will be provided. If you need additional accommodation, such as translator services, please contact us. Registration is required and is capped at 15 people. Visit <https://bit.ly/3Co1lLu> to register today or reach out to Bridge Rauch at [bridge@cacwny.org](mailto:bridge@cacwny.org).

### **Worship Helpers Needed**

If you are planning to attend the 10:30am Sunday service in person and would like to be involved with reading from the altar or greeting people at the door and helping direct them with what to expect, please sign up at: <https://www.signupgenius.com/go/70a0c4fafa629a3f58-trinity2>. If you are interested in being more involved but aren't interested in either of these roles, you can also plan on helping during services by bringing a device to connect to Facebook viewers and respond to comments during the service.

### **Visiting Trinity**

The church is open by appointment for private prayer or meditation. Contact our parish administrator, Colleen O'Neill, at [coneill@trinitybuffalo.org](mailto:coneill@trinitybuffalo.org) to schedule an appointment.



Sign up [here](#) to get Trinity's eNews to stay in touch!

### **Vestry 2023 Elections and Annual Meeting on Sunday Feb 5**

It's time to vote for our new Vestry members. You can do so now through **Sunday, Feb 5 @noon**. Everyone who considers themselves to be a member of Trinity is welcome to vote. This year we are electing one warden and four vestry members. Be sure to attend the annual meeting on **February 5 @11:30am** to learn what's been going on at Trinity.



Go to: <https://www.kindridgiving.com/App/Form/633f55bc-7f81-4ff1-9265-8c11c9986108> to vote or click on the QR code.

You may notice that there are the same number of candidates as there are vestry openings. It is still important that you take the time to vote. Your vote indicates that you do support these people representing you on the vestry.

### **John Gellespie Jr., Sr. Warden Candidate**

I have been an active member of Trinity since moving to Buffalo in 2000. I have served on vestry including as warden during the transition to Matt's leadership. My wife Catherine and I organized 7 medical mission trips to El Salvador. We have 3 children and 6 grandchildren most of whom can ski better than their grandfather.



### **John Alduino, Jr. Warden Candidate**

I have been attending Trinity since 2017. Prior to moving to Western New York, I lived in several places in Ohio and was very active in Episcopal church life serving as Senior Warden in Xenia, Ohio and on Vestries in Springfield, Worthington, and Youngstown. I am currently semi-retired and work part-time as the Community Outreach Coordinator for the WNY BloodCare Foundation. I have over 30 years of executive non-profit public health experience. I live in the Town of Tonawanda with my wife Amy and 14-year-old Jamie. I currently serve as President of the Ken-Ton Kiwanis, on the boards of Friends of Youth and the Center of Glass and Light, and volunteer with Wheels for Workers 716.



### **Emily Carlin, Vestry Candidate**

I'm a Buffalo native, and I have been a member of Trinity since moving back to Western New York in 2017. I majored in Logic at Smith College and have master's degrees in philosophy and information science from Indiana University and the University of Missouri. I'm the medical librarian for Sisters of Charity, Mount St. Mary's, and Niagara Falls Memorial Hospital. I live in Amherst with my husband Fan and our daughter Zoe.



### **Chris Cuccia, Vestry Candidate**

Greetings! My name is Chris, and I currently live in the Elmwood Village. I was raised Roman Catholic and hadn't been to church in several years. Starting to visit churches in the neighborhood, I went to explore several faiths in the area before finding my way into the Church of the Ascension. My first day there, everyone was welcoming. I enjoyed the sermon and said to myself that I found my new home on Sunday. As my luck would have it, during coffee hour on my first day, it was announced that Ascension would close in the coming months. After Ascensions closing, I was briefly at the Church of the Good Shepherd, where I officially joined the Episcopal Church. They had no permanent priest at the time, so I went exploring for another parish in the area. This is when I went to Trinity one Sunday morning and have been here since. We have a great group at Trinity. I look forward to seeing everyone on Sunday, lighting candles for our folks online, and our monthly lunch after service.



### **Sue Doherty, Vestry Candidate**

I have been a member of Trinity Church for over 40 years. I taught Sunday School for many years, volunteered with our major fundraisers; the White Elephant Sale and later our yearly Auction. I traveled to El Salvador on three mission trips with other members of Trinity. Prior to the pandemic I was part of a group from Trinity that volunteered at Hamlin Park school. Currently I sing in our choir. As a docent with Explore Buffalo, I have started giving tours of our church—I think it is important to share our beautiful spaces with others! What initially attracted me to Trinity is also what keeps me here as a member: a welcome and inclusive community. No matter where you are in your spiritual journey there is a place for you here. As a vestry member I would like to work to welcome others in the community to experience our hospitality and beautiful campus.



### **Jeff Tooke, Vestry Candidate**

I came to Trinity a few years ago while searching for a church after leaving a Catholic parish where I was part of the music ministry for nearly twenty years. Trinity has been a blessing and beacon of the inclusion of the Episcopal Church, and I am grateful that I have found a home at Trinity. Before the pandemic, I served as a reader and chalice bearer. Now I am the Cyber Sacristan ("the live streamer behind the curtain") for the Trinity morning service, a co-facilitator of the Trinity discussion group, and treasurer for the Center of Glass and Light.





Trinity is an Episcopal Church in the Diocesan Partnership of Western New York and Northwest Pennsylvania.

 [Facebook: @Trinitybuffalo](https://www.facebook.com/Trinitybuffalo)

 [YouTube: Trinity Church Buffalo](https://www.youtube.com/TrinityChurchBuffalo)

 [Instagram: @trinitychurch.buffalo](https://www.instagram.com/trinitychurch.buffalo)

[www.trinitybuffalo.org](http://www.trinitybuffalo.org) • (716) 852-8314

371 Delaware Avenue, Buffalo, NY 14202

## STAFF

**The Reverend Matthew R. Lincoln, Rector**  
mlincoln@trinitybuffalo.org  
(716) 852-8314 ext. 2

**Krista Seddon, Director of Ensembles;  
Pianist**  
krista@kristaseddon.com  
www.kristaseddon.com

**Paul Cena, Organist and Choir Director**  
prcena@verizon.net

**Jeffrey Tooke, Cyber Sacristan**

**Colleen O'Neill, Parish Administrator and  
Director of Children's Ministries**  
coneill@trinitybuffalo.org  
(716) 852-8314 ext. 1

**Jennifer Frey, Office Volunteer**  
clerical@trinitybuffalo.org

**Rich Mpezos, Facility Manager**  
rmpezos@trinitybuffalo.org

**Sarah Caputi, Caretaker**  
**Denise Lanzilotta, Caretaker**  
**Jay Mpezos, Caretaker**

**Dale Worwa, Facility Cleaner**

## VESTRY

Kayla Kisenwether, Senior Warden  
John Gillespie Jr, Junior Warden  
Bing Sherrill, Treasurer  
Elaine "Gretchen" Lodick, Clerk  
John Alduino  
Erickson Contreras  
Judy Fitzgerald  
Edward Fries  
Timothy Lane  
Megan McElfresh  
JoAnne Sundell  
Jeffrey Tooke

## CHOIR MEMBERS

Laura Munson, *Section Leader*  
Cheryl Fisher  
Elaine "Gretchen" Lodick  
Christina Kinney  
Suzanne Fatta, *Section Leader*  
Gretchen Brand  
Sue Doherty  
Laura Schleicher, *Section Leader*  
Carol Siracuse  
John Clayton, *Section Leader*  
Dan Galley  
Steve Shanley  
Brandon Mecklenburg, *Section Leader*  
Timothy Lane  
Tom Owen  
Ignacio Villa

## TODAY'S WORSHIP TEAM

**Greeters:** David Devereux, Judy Fitzgerald  
**Readers:** Julie Gibert, Susan Doherty, David Devereux  
**Guest musician:** Claire Fisher, violin  
**Counter:** Judy Fitzgerald  
**Baker:** Debbie Osborne

## All services are in person AND online:

**Sunday @10:30am** In-person worship while live streaming on Facebook and YouTube. The Sunday online Live Stream service remains accessible as a video recording on Trinity's [Facebook](#) and [YouTube](#) pages after the service is over.

**Sunday @7:00pm** Featuring poetry and jazz, in person in the Chapel and on Zoom

**Wednesday @Noon** Prayer and holy conversation, in person and on Zoom

**Thursday @7pm** The wisdom and fellowship of 12-Step recovery, in person and on Zoom

Email your request for a [link to the Zoom worship services here](#).