



Wednesday@Noon

WEDNESDAY@Noon is an offering of online communion. We offer words and gestures to thank God for the life, death and resurrection of Christ through the sharing of bread and wine, asking God to nourish us with Christ's body and blood. Because we are separated from each other physically and are unable to give each other the bread and wine, we are unable to follow the forms exactly as tradition has handed them down to us. Thus we will do what we can, asking God for the grace to discern Christ's real presence.

Blessed be God: Creator, Christ, and Holy Spirit.
And blessed be God's kingdom, now and forever. Amen.

Gracious God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Jesus Christ we pray. **Amen.**

Open our lips, O God,
And our mouths shall proclaim your praise.
Be joyful, and serve God with gladness,
and come before God's presence with a song.
Let us enter this sacred moment with thanksgiving,
and come into God's presence with praise.
God is good; God's mercy is everlasting;
and God's faithfulness endures from age to age.

O God of compassion, whose heart goes out to the hungry and destitute; who takes our lack and transforms it into much: give us the bread that satisfies, the food without price, that our lives may be freed to share your overflowing love; through Jesus Christ, the breaker of bread. **Amen.**

Three Readings

First Reading: Deuteronomy 30:9-14

Moses said to the people of Israel, “God will make you prosper in all the work of your hands, and in the fruit of your body, of your livestock and of your lands. God will once again delight in you and make you prosperous just as God delighted in your ancestors and prospered them, if you obey the Lord your God and keep the commandments and decrees that are written in this Book of the Law, and return to God with all your heart and soul.

“For this Law that I give to you today is not too difficult for you, nor is it beyond your reach. It is not up in heaven, so that you need to ask yourselves, ‘Who will go up to heaven for us and bring it down to us, so that we may hear it and keep it?’ Nor is it beyond the seas, so that you need to wonder, ‘Who will cross the seas for us and bring it back to us, so that we may hear it and keep it?’ No, the word of God is very near to you; it is in your mouth, and in your heart, so that you can keep it.

Hear what the Spirit is saying to God’s people

Thanks be to God.

Middle Reading: On the Mystery of the Incarnation, by Denise Levertov

It's when we face for a moment
the worst our kind can do, and shudder to know
the taint in our own selves, that awe
cracks the mind's shell and enters the heart:
not to a flower, not to a dolphin,
to no innocent form
but to this creature vainly sure
it and no other is god-like, God
(out of compassion for our ugly
failure to evolve) entrusts,
as guest, as brother,
the Word.

Hear what the Spirit is saying to God's people
Thanks be to God.

Gospel: Luke 10:25-37

An expert on the Law stood up to put Jesus to the test and said, “Teacher, what must I do to inherit everlasting life?” Jesus answered, “What is written in the law? How do you read it?” The expert on the Law replied: “You must love the Most High God with all your heart, with all your soul, with all your strength and with all your mind, and your neighbor as yourself.” Jesus said, “You have answered correctly. Do this and you’ll live.”

But the expert on the Law, seeking self-justification, pressed Jesus further: “And just who is my neighbor?” Jesus replied, “There was a traveler going down from Jerusalem to Jericho, who fell prey to robbers. The traveler was beaten, stripped naked, and left half-dead. A priest happened to be going down the same road; the priest saw the traveler lying beside the road, but passed by on the other side. Likewise there was a Levite who came the same way; this one, too, saw the afflicted traveler and passed by on the other side. “But a Samaritan, who was taking the same road, also came upon the traveler and, filled with compassion, approached the traveler and dressed the wounds, pouring on oil and wine. Then the Samaritan put the wounded person on a donkey, went straight to an inn and there took care of the injured one. The next day the Samaritan took out two silver pieces and gave them to the innkeeper with the request, ‘Look after this person, and if there is any further expense, I’ll repay you on the way back.’ “Which of these three, in your opinion, was the neighbor to the traveler who fell in with the robbers?” The answer came, “The one who showed compassion.” Jesus replied, “Then go and do the same.”

Hear what the Spirit is saying to God’s People

Thanks be to God.

The Prayers of the People

The Lord be with you.

And also with you.

Let us pray.

I ask your prayers for God's people throughout the world; including members of all religions; the people and leadership of The Episcopal Church; and the community of Trinity. Let us pray for all who seek the beauty of holiness.

Please feel free to voice the names of those in your prayers

I ask your prayers for those who are sick, who struggle in poverty or under oppression, and for those who care for them. Let us pray for those in any need or trouble.

Please feel free to voice the names of those in your prayers

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. Let us pray for equity, mutual regard, and peace.

Please feel free to voice the names of those in your prayers

I ask your prayers for all who seek to practice their spirituality, that they may find God and follow the path of Life. Let us pray for us all.

Please feel free to voice the names of those in your prayers

I ask your prayers for those who have died, and for those who grieve the absent. Let us pray for the grieving and the dead.

Please feel free to voice the names of those in your prayers

I ask your prayers of gratitude and joy.

Please feel free to voice the names of those in your prayers

And now, let us give thanks to God for the abundance of our lives.

Thanks be to God! Amen.

The Peace

The peace of God be always with you.

And also with you.

Offertory

All members of the online gathering now make any final preparations of their bread and wine, and show their plate and cup to the group.

Blessing and Sharing Bread and Wine

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

Eternal God, in the abundance of your love you have caused all things to be; from dust and spirit you have woven our humanity; in all our wanderings you never cease to call us to fullness of life. **You gave us Jesus, son of Mary, the bread of life broken for the world;** he fed us and feasted with us, he healed us and suffered for us; **his dying and rising have set us free from the poverty of sin and the famine of death.** Therefore, with all whom you have made, cherished and called, with all who hunger for your kingdom and will not rest until all your children are fed, with the broken saints and redeemed sinners of all the ages, we take up the song of your praise:

Holy, holy, holy Lord,

God of power and might;

heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest.

At the following words, everyone lifts their plate and cup into view.

We ask that your Holy Spirit will fall upon us and upon these gifts that they may be to us the body and blood of our lord and brother, Jesus Christ; who, on the night that he was betrayed, gathered with his faltering friends for a meal that tasted of freedom.

Calling them to his table, he took bread, gave thanks, broke it and said: **“This is my body, which is given for you. Do this to remember me.”**

In the same way after supper, he took the cup, saying: **“This cup is the new covenant in my blood. Do this, whenever you drink it, to remember me.”**

Therefore we proclaim him as creation’s host, transforming poverty into plenty in the reckless generosity of love.

Inspire us with the hope that one day death and greed will be no more and people without number will come from east and west, north and south to share the kingdom meal. We ask this through Jesus Christ our Lord, by whom and with whom and in whom in the unity of the Holy Spirit all honor and glory are yours, Author of blessings, for ever and ever. **Amen.**

Now, as Christ has taught us, we are bold to say,

Our Father,* who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those

who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

for ever and ever. Amen.

*Jesus revealed a new, personal sense of relationship with God by addressing God as something like “Papa.” Always feel free to use your most meaningful name for God in saying the Lord’s Prayer.

Although Trinity often uses different interpretations of the Lord’s Prayer when we worship, on Wednesdays we use the traditional version to express our trust that we are one with God and all people around the world and throughout history.

All are invited to break their bread.

The disciples knew the Lord Jesus in the breaking of the bread.

Were not our hearts burning within us as we walked along the road?

During a moment of quiet, all receive their bread and wine.

Let us pray.

Loving God,

we give you thanks

for restoring us in your image

and remembering the body of Christ,

which has been broken for the life of the world.

Now give us grace to trust that we are

a people, forgiven, healed, renewed.

Give us the courage to proclaim your love to the world,

and to continue in the risen life of Christ our Savior. Amen.

Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things, and the blessing of God, the Holy and undivided Trinity, be with you always. **Amen.**

This blessing is based on Philippians 4:8

Holy Conversation

The collect at the top of page 2 and the prayer over the bread and wine are adapted from the writing of Steven Shakespeare in his book, Prayers for an Inclusive Church.

The cover image is a photo of the floor near the high altar at Trinity, a mosaic created by John LaFarge's studio.