



trinity

@7

10.23.2022

welcome

Trinity @7 welcomes you in person and via Zoom. This is a time where we enjoy jazz combined with poetry and a thoughtful reflection. We're always glad to see you and to share this special time together. Even though some of us are in person and others on Zoom, we are one community for a little while. What joy!

Cover photo by
Matt Lincoln

No matter the venue, may you experience stillness when it is needed and much joy and laughter when they are needed, or perhaps when least expected. Besides beautiful music and words, we hope this evening brings you a little bit of peace.

We will continue to have a candle lighting time, either at a candle wall in the chapel or in your home.

At this time, we leave the decision up to you whether or not to wear a mask in the Chapel. Thank you.

welcome

[Nature365.tv](https://www.nature365.tv)
posts a daily video,
usually 30 to 60
seconds long, with
beautiful sound as
well as images.
Check it out.

a moment with nature

a centering prayer

Let us pray.

We pray for another way of being:
another way of knowing.

Across the difficult terrain of our existence
we have attempted to build a highway
and in so doing have lost our footpath.

God lead us to our footpath:

Lead us there where in simplicity
we may move at the speed of natural creatures
and feel the earth's love beneath our feet.

Lead us there where step-by-step we may feel
the movement of creation in our hearts.

And lead us there where side-by-side
we may feel the embrace of the common soul.
Nothing can be loved at speed.

God lead us to the slow path; to the joyous insights
of the pilgrim; another way of knowing; another way of being.

amen

Opening prayer
written by
Michael Leunig.

interlude

The Autumn Morning

by Rosemerry Wahtola Trommer

Perhaps a red-tailed hawk
calls to you through closed windows,
and curious, you leave your work
and step out into the morning.
The air smells of rain and autumn leaves,
and the hawk makes wide circles above the yard
as if showing you how it's done—
this is how you play with the day.

Everything glitters as the sun emerges.
Everything, even your thoughts.
Even your greatest loss.
The hawk disappears up canyon.
You breathe as if you've just remembered how.
When you go back in, you're careful to fold in your wings.

interlude

Note to the Inner Green Leaves

by Rosemerry Wahtola Trommer

Every day, more gold.
Every day, a sacred spilling
across the mountains, the valleys.

I have felt, before, like an aspen still green
when the surrounding trees
have transformed into radiance.

Oh, this learning to trust our own timing.
In the meantime, every day more gold.
Every day, a sacred spilling.

interlude

Rosemerry Wahtola Trommer is a published Colorado poet and acappella singer. She wrote a poem a day from 2006 until the death of her son in August 2021. After taking a break from writing, she has resumed her practice of a poem a day. Visit her at www.wordwoman.com

Naomi Shihab Nye (b. 1952) is an American poet about whom the Poetry Foundation says, "she is known for poetry that lends a fresh perspective to ordinary events, people, and objects. Nye has said that, for her, 'the primary source of poetry has always been local life, random characters met on the streets, our own ancestry sifting down to us through small essential daily tasks.'"

Adíos

by Naomi Shihab Nye

It is a good word, rolling off the tongue
no matter what language you were born with,
Use it. Learn where it begins,
the small alphabet of departure,
how long it takes to think of it,
then say, then be heard.

Marry it. More than any golden ring,
it shines, it shines.

Wear it on every finger
till your hands dance,
touching everything easily,
letting everything, easily, go.

Strap it to your back like wings.
Or a kite-tail. The stream of air behind a jet.
If you are known for anything,
let it be the way you rise out of sight
when your work is finished.

Think of things that linger: leaves,
cartons and napkins, the damp smell of mold.

Think of things that disappear.

Think of what you love best,
what brings tears into your eyes.

Something that said adios to you
before you knew what it meant
or how long it was for.

Explain little, the word explains itself.
Later perhaps. Lessons following lessons,
like silence following sound.

interlude

Consolation

by Wisława Szymborska

translated by Clare Cavanagh

Darwin.

They say he read novels to relax,
But only certain kinds:
nothing that ended unhappily.
If anything like that turned up,
enraged, he flung the book into the fire.

True or not,
I'm ready to believe it.

Scanning in his mind so many times and places,
he'd had enough of dying species,
the triumphs of the strong over the weak,
the endless struggles to survive,
all doomed sooner or later.
He'd earned the right to happy endings,
at least in fiction
with its diminutions.

Hence the indispensable
silver lining,
the lovers reunited, the families reconciled,
the doubts dispelled, fidelity rewarded,
fortunes regained, treasures uncovered,
stiff-necked neighbors mending their ways,
good names restored, greed daunted,
old maids married off to worthy parsons,
troublemakers banished to other hemispheres,
forgers of documents tossed down the stairs,
seducers scurrying to the altar,
orphans sheltered, widows comforted,
pride humbled, wounds healed over,
prodigal sons summoned home,
cups of sorrow thrown into the ocean,
hankies drenched with tears of reconciliation,
general merriment and celebration,
and the dog Fido,
gone astray in the first chapter,
turns up barking gladly
in the last.

interlude

Wisława Szymborska (1923 – 2012) was a Polish poet who spent much of her career as a columnist for a Polish literary review magazine. Many of her essays have been gathered together and published in book form. In 1996, Szymborska was awarded the Nobel Prize for Literature. Although her poetry is loved throughout the world, she has published fewer than 250 poems.

Clare Cavanagh (b. 1956) is an acclaimed translator of contemporary Polish poetry who has won numerous awards for her translation.

reflection

interlude

brief silent meditation

the candle lighting



The closing prayer is often associated with Francis of Assisi, but is, according to Wikipedia, “entirely absent from his writings, the prayer in its present form has not been traced back further than 1912. Its first known occurrence was in French, in a small spiritual magazine called *La Clochette* (The Little Bell), published by a Catholic Church organization in Paris. . . The Franciscan Order does not include the prayer in its official "Prayers of St. Francis," and a church historian has noted that the phrasing of the first half of the text ("let me...") is atypically self-oriented for Francis.” Tonight’s version is taken from the original French, but has replaced “me” with “us.”

While Krista plays, feel free to light a candle at one of the walls. Let’s do so mindfully and one at a time, leaving space between you and the person in front. If you’re lighting a candle at home, do so as if you were in a sacred space. You are.

closing prayer

Let us pray

Beloved, make us an instrument of your peace.

Where there is hatred, let us bring love.

Where there is offense, let us bring pardon.

Where there is discord, let us bring union.

Where there is error, let us bring truth.

Where there is doubt, let us bring faith.

Where there is despair, let us bring hope.

Where there is darkness, let us bring light.

Where there is sadness, let us bring joy.

O Master, let us not seek as much

to be consoled as to console,

to be understood as to understand,

to be loved as to love,

for it is in giving that one receives,

it is in self-forgetting that one finds,

it is in pardoning that one is pardoned,

it is in dying that one is raised to eternal life.

amen

postlude

announcements

Volunteer or Participate at the Stained Glass Association Fundraiser

On **Friday, November 4**, Trinity is partnering with the Stained Glass Association of America for Facet & Form: Glass Tradition Reimagined. The art and craft of architectural stained glass and mosaic will be illuminated as never before. This fundraiser will support glass education, scholarships, and the preservation and sharing of the visionary and artistic stained glass treasures of Trinity Church. Come enjoy glass melting demonstrations, food, drinks, and more!



VOLUNTEER: We need your support - from window docents describing the jewels of Trinity, to registrants and raffle set ups, there are volunteer opportunities for everyone! Click [here](#) for the volunteer sign-up or use the QR code to the left.

PARTICIPATE: Join in glass-creating activities, meet artisans testing the boundaries of stained glass, and learn more about how historic glass is preserved and created. Experiences in the arts await you around every corner of Trinity's historic campus. Click [here](#) for more information and to get tickets.

FACET & FORM
GLASS TRADITION REIMAGINED

GET YOUR TICKETS NOW!

FRIDAY, NOVEMBER 4, 2022
5:30PM - 9:00PM

TRINITY EPISCOPAL CHURCH
BUFFALO, NY



FRIDAY, NOVEMBER 4, 2022
5:30PM - 9:00PM

TRINITY EPISCOPAL CHURCH
BUFFALO, NY



Trinity See We are Doing A New Thing
EPISCOPAL CHURCH

This year's Annual giving campaign theme is "See We Are Doing a New Thing." One of the many things I like about Trinity Church is its ability to adapt and change to meet the needs of the congregation and the community. This is evident in its help creating organizations like Compass House, Homespace, and Justice For Migrant Families

During the pandemic, Trinity built an online community that met the needs of parishioners both near and far and allowed more people to participate. We have also built new partnerships to meet the needs of the community and congregation.

As we approach the time of the year when we ask you to prayerfully consider pledging financial resources to Trinity, please reflect on all the things you have made possible as part of Trinity's family and how you can help us continue that work.

Sincerely

John Alduino, Annual Campaign Chair



 Facebook: [@Trinitybuffalo](https://www.facebook.com/Trinitybuffalo)

 YouTube: [Trinity Church Buffalo](https://www.youtube.com/TrinityChurchBuffalo)

 Instagram: [@trinity.church.Buffalo](https://www.instagram.com/trinity.church.Buffalo)

 Twitter: [@trinitybuffalo1](https://twitter.com/trinitybuffalo1)

www.trinitybuffalo.org • (716) 852-8314

371 Delaware Ave Buffalo, NY 14202



Trinity is an Episcopal Church in the Diocesan Partnership of Western New York and Northwest Pennsylvania.

Much gratitude to our pianist, Krista Seddon.

Thank you to Matt Lincoln for bringing us together in every way he can imagine and then for being with us and reflecting from his heart.

Thank you to our host and readers.

Thank you to all the poets and musicians in the world who reflect life back to us in the most beautiful ways.

And of course, thank you.

If you'd like to visit Trinity Church in person for some quiet contemplation or to view the stunning stained glass windows, you can schedule an appointment with the parish administrator Colleen O'Neill, coneill@trinitybuffalo.org.



Your donation can be an expression of your gratitude for Trinity and all the blessings in your life and your hope for health in the world. You can [donate online here](#), initiate an online donation by texting TRINITYBUFFALO to 73256, scan the QR code, or as you exit, you can make a contribution in the Big Blue Urn.



Thank you for your participation and contribution. Peace.

All services are in person AND online:

Sunday @10:30am Includes communion at an open table

Sunday @7:00pm An encounter with God through poetry, jazz, and meditation.

Wednesday @Noon Prayer and holy conversation

Thursday @7pm 12steps@Trinity, based on 12-step spirituality