

# ANNOUNCEMENTS

January 30, 2022

## **Sanctuary: Mental Health and Spirituality**

On **Wednesday, February 2 @7pm** Tim Lane and Jeffrey Tooke are facilitating Sanctuary: Mental Health and Spirituality. The COVID-19 pandemic has significantly changed our lives. These changes don't affect us just physically; they affect us mentally, emotionally, and spiritually. Using *The Sanctuary Course* by Sanctuary Mental Health Ministries, we will be discussing topics to address the challenge of the pandemic, our recovery, and other mental health topics connected to our spirituality. The evening will run about 1-1½ hours, during which we will watch and discuss a short video.

This week, we will examine the effects of stigma on those struggling with mental health problems and explore the response contained in the gospel.

Join Tim and Jeff on Wednesdays @7pm using this zoom link:

<https://us02web.zoom.us/j/81668634672?pwd=eTVJZXFoNzVYdHZvSHZONGlNUUowZz09>

Meeting ID: 816-6863-4672

Passcode: trintalk

If you have questions about the group, email Jeffrey Tooke at [jeffrey@bayharboradvisors.com](mailto:jeffrey@bayharboradvisors.com).

## **First Sunday Brunch**

While COVID infection rates in the city and county have recently been declining, public gatherings still present a threat to our personal and community safety. Therefore, the **First Sunday Brunch** at Ranchos Taqueria Dos scheduled for February 5 has been cancelled. We remain optimistic that we'll feel comfortable coming together for brunch in March.

## **Vestry 2022 Elections and Annual Meeting**

It's time to vote for our new Vestry members. You can do so now through **Sunday, Feb 13 @1:00pm**. Everyone who considers themselves to be a member of Trinity is welcome to vote. This year we are electing one warden and three vestry members. Be sure to attend the annual (Zoom) meeting on **February 13 @1:00pm** to learn what's been going on at Trinity.

You may notice that there are the same number of candidates as there are vestry openings. It is still important that you take the time to vote. Your vote indicates that you do support these people representing you on the vestry.

John Gillespie - Jr. Warden Candidate 2022

Timothy Lane - Trinity Vestry Candidate 2022

Megan McElfresh - Trinity Vestry Candidate 2022

Jeffrey Tooke - Trinity Vestry Candidate 2022

See the QR code to the right for voting link. Or here is the long form:

<https://www.kindridgiving.com/App/Form/fdce1b0f-e971-4575-82bd-32415a8f21c3>



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## **Free Books, Please Take Some Home**

Please browse the bookshelf in the red carpet area and take any books of interest home. A new batch of books has replaced the old, so be sure to check out the bookshelves again.

## **Worship Helpers Needed**

If you are planning to attend the 10:30am Sunday service in person and would like to be involved with reading from the altar or greeting people at the door and helping direct them with what to expect, please sign up at: <https://www.signupgenius.com/go/70a0c4fafa629a3f58-trinity2> If you are interested in being more involved but aren't interested in either of these roles, you can also plan on helping during services by bringing a device to connect to Facebook viewers and respond to comments during the service.

## **Services @Trinity**

In the interest of staying connected and sharing our spiritual life together, the service lineup is:

**Sunday morning @10:30** In-person worship while live streaming on Facebook and now YouTube as well. The Sunday online Live Stream service remains accessible as a video recording on Trinity's Facebook page and YouTube page after the service is over.

**Trinity @7** Sunday night @7pm featuring poetry and jazz, in person as well as on Zoom.

NOTE: There will be no Trinity @7 on January 2. We meet again on January 9.

**Wednesday @noon** offering prayer and holy conversation. This service is now both in person and on Zoom.

**Thursday @7** offering the wisdom and fellowship of 12-Step recovery. Both in person and on Zoom.

The church is open by appointment for private prayer or meditation. Contact our parish administrator, Colleen O'Neill, at [coneill@trinitybuffalo.org](mailto:coneill@trinitybuffalo.org) to schedule an appointment.

Click here to [find the readings](#).

Email your request for a [link to the Zoom worship services here](#).