



## **A Service of Holy Communion**

June 19, 2022

Year C, Proper 7

## **Welcome to Trinity's gathered community! We are together on-site and online!**

*Cover image:  
Hillside near  
Taizé, France, by  
Matt Lincoln, 2008*

If you are at Trinity in person, please maintain appropriate distance and wear your mask as much as you can, considering the fact that some of us may not be fully vaccinated or may have other vulnerabilities. We continue to celebrate Holy Communion as we have all year, with all participants holding their own bread and wine during the prayers and receiving communion in their seats. In this way, all participants on site and online will share the same practice. If you are not on site, rest assured that your presence online is felt and valued. **As you watch the Live Stream, feel free to add comments, likes, etc. to the comment section at any time! If you are on site, feel free to use your mobile device to join the Facebook Live Stream to connect with other worshipers in the comment section. Just make sure your volume is all the way down!**

**WiFi internet access is publicly available. Please feel free to log onto the "Trinity Open" network with the password "Welcome!"**

During the summer, worship is outdoors, and the nursery is not open. There are many ways for children to keep quietly occupied. Feel free to let your child explore and enjoy being outdoors, and do not worry about their activity being disrespectful or disruptive.

**Pick up a prayer stone as you come into the courtyard, and feel free to rub your prayers into the stone during the first part of the service. At the time of the community prayers, you will be invited to bring your stone and all your prayers to the altar.**

When we don't have to practice social distancing, the people of Trinity Church gather around a table piled high with spiritual food, and there is a place for you and everyone at the table, whatever your religious practice may be. For now, even though we are not standing shoulder to shoulder for communion, we are gathered in Spirit sharing the bounty of faith. Trinity Church is a metropolitan house of prayer, a community of worship and spiritual inquiry, welcoming all people. Recognizing our common brokenness, yet rejoicing in the reconciling love of God through Jesus Christ, we nurture one another in our spiritual life together.

Trinity Church is an Episcopal Church and a member parish of the Diocesan Partnership of Western New York and Northwest Pennsylvania in the United States and is a part of the Anglican Communion, which is based in England but found worldwide. If you would like to learn more about Trinity, see all our contact information on the last page.

### **CENTERING PRAYER**

Let us pray responsively.

Because the world is beautiful, and beauty is a tender thing, and we are stewards of your creation,

**we need you, God.**

Because human knowledge seems endless, and we do not know what we do not know,

**we need you, God.**

Because we cannot live without you and are free to go against you, and could worship our wisdom alone,

**we need you, God.**

Because you came among us, and sat beside us, and healed our pain and let us wound you, and loved us to the end, and triumph over all our hatred,

**we need you, God. Amen.**

*This prayer is from  
the Iona Community.*

OPENING HYMN

“LIFT EVERY VOICE AND SING”

1. Lift ev - 'ry voice and sing, Till earth and heav - en  
 2. Sto - ny the road we trod, Bit - ter the chast - 'ning  
 3. God of our wea - ry years, God of our si - lent

1. ring, Ring with the har - mo - nies of lib - er -  
 2. rod, Felt in the days when hope un - born had  
 3. tears, Thou who hast brought us thus far on the

1. ty; Let our re - joic - ing rise High as the list - 'ning  
 2. died; Yet with a stead - y beat, Have not our wear - y  
 3. way; Thou who hast by thy might, Led us in - to the

1. skies, Let it re - sound loud as the roll - ing sea.  
 2. feet Come to the place for which our fa - thers sighed?  
 3. light, Keep us for - ev - er in the path, we pray.

1. Sing a song full of the faith that the dark past has taught us;  
 2. We have come o - ver a - way that with tears has been wa - tered;  
 3. Lest our feet stray from the pla - ces, our God, where we met thee;

1. Sing a song full of the hope that the pres - ent has  
 2. We have come, tread - ing our path through the blood of the  
 3. Lest our hearts, drunk with the wine of the world, we for -

1. brought us; Fac - ing the ris - ing sun Of our new  
 2. slaugh - tered; Out from the gloom - y past, Till now we  
 3. get thee, Shad - owed be - neath Thy hand, May we for -

1. day be - gun, Let us march on till vic - to - ry is won.  
 2. stand at last Where the white gleam of our bright star is cast.  
 3. ev - er stand, True to our God, true to our na - tive land.

## FIRST READING

ISAIAH 65:1-9

*The Bible readings are taken from The Inclusive Bible: The First Egalitarian Translation by Priests for Equality.*

*Nobody set out to write The Bible. The Hebrew Scriptures were created over many centuries by many people to record the Jewish People's experience of God. The same is true of the Christian Scriptures, some of which were letters written to a specific audience in response to specific needs—and were then found to be helpful to the faithful even after fulfilling their original purpose.*

**G**od said, "I was ready to respond, but no one asked; ready to be discovered, but no one hunted for me. I said, 'Here I am, here I am!' to a nation that did not call on my Name. I held out my hand for a whole day to a rebellious people, who went the way of all flesh by following their own whims; a people who continually provoke me to my face, offering sacrifices in gardens, burning incense on brick altars; who lounge in tombs and keep nightlong vigils in secret, who eat the flesh of swine with a broth made of unclean meat. 'Don't come any closer,' they tell people, 'for I am too holy for you.'

People like this are a smoldering fire, smoke in my nostrils daily! Look, I have your inscribed record before me; I will not be silent. And I will pay them back once I settle my accounts with them, for their sins and the sins of their ancestors," says God, "for offering sacrifices on the mountains and defiling me on the hills. I will measure into their laps full payment for their former iniquities."

Thus says God: "Just as there is juice in a cluster of grapes, and the gardener says, 'Don't destroy it, there is a blessing in it,' so will I act for the sake of you who serve me; I will not destroy the whole nation. I will give descendants to Leah and Rachel and Jacob and to Judah heirs who will dwell on my mountains; my chosen ones will occupy the land, and those who serve me will dwell there."

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

## ECHO

"Take, O take me as I am"

Take, O take me as I am; — sum - mon out what I shall be; —

set your seal up - on my heart and live in me. —

*Contributors: Iona Community  
Tune: © 1995, The Iona Community, GIA Publications, Inc., agent  
Text: © 1995, The Iona Community, GIA Publications, Inc., agent*

*The Middle Reading fills the role of a Bible reading, but it doesn't come from the Bible. It is our way of trying to listen for God's ongoing word as it is spoken outside the limits of the Bible. Most often, we turn to contemporary poets for this reading.*

## MIDDLE READING

THREE QUOTATIONS FROM BELL HOOKS

I entered the classroom with the conviction that it was crucial for me and every other student to be an active participant, not a passive consumer...education as the practice of freedom... education that connects the will to know with the will to become. Learning is a place where paradise can be created.

To be changed by ideas was pure pleasure. But to learn ideas that ran counter to values and beliefs learned at home was to place oneself at risk, to enter the danger zone. Home was the place where I was forced to conform to someone else's image of who and what I should be. School was the place where I could forget that self and, through ideas, reinvent myself.

The classroom, with all its limitations, remains a location of possibility. In that field of possibility we have the opportunity to labor for freedom, to demand of ourselves and our comrades, an openness of mind and heart that allows us to face reality even as we collectively imagine ways to move beyond boundaries, to transgress. This is education as the practice of freedom.

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

**ECHO**

*see previous page*

“Take, O take me as I am”

**GOSPEL READING**

LUKE 8:26-39

**T**hey came to the region of the Gerasenes, which is opposite Galilee. Jesus was stepping from the boat when he was met by a person from the town who was possessed by demons. The demoniac had not worn clothes for a long time, and was homeless, living among the tombs instead.

Seeing Jesus, the individual cried out and fell at his feet, shouting loudly, “What do you want with me, Jesus, Only Begotten of the Most High God? I beg you, don't torture me!” for Jesus was ordering the unclean spirit to come out of the person. This spirit had seized the demoniac many times in the past, who then needed to be restrained with chains and shackles and kept under guard—yet every time, the possessed person would break the bonds and be driven by the demon into deserted places.

“What is your name?” Jesus asked. “Legion,” was the reply, because many demons had entered the person. And they pleaded with Jesus not to order them to depart into the abyss.

A large herd of pigs was feeding nearby on the hillside. The demons pleaded with Jesus to allow them to enter the swine, and he gave them permission. The demons left the person and entered the pigs, and the herd rushed down the hillside into the lake and drowned.

When the swineherds saw what had happened, they ran away to tell the story in town and throughout the countryside. The local residents came out to see what happened. And as they approached Jesus, they also saw the exorcised person sitting at Jesus' feet, clothed and of a right mind. And they were afraid. Those who had witnessed it told the others how the possessed one had been made whole. Panic overcame the whole population of the region of the Gerasenes, and they asked Jesus to leave them.

When Jesus had gotten into the boat to leave, the person who had been healed asked to go with him. But Jesus said, “No, go back home and tell everyone what God has done for you.” So the one who had been made whole went off and proclaimed throughout the region what Jesus had accomplished.

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

**ECHO**

*see previous page*

“Take, O take me as I am”

*Gloria Jean Watkins (1952 – 2021), better known by her pen name bell hooks, was an American author and social activist who wrote extensively on race, feminism, and class. She taught at several institutions including Stanford University, Yale University, and The City College of New York, before joining Berea College in Berea, Kentucky, in 2004.*

*The four Gospels hold the core of Christian spiritual wisdom, reflecting the earliest stories and images of Jesus. Like all Scripture, they are not definitive prescriptions but narrative stories requiring endless interpretation.*

*The sermon invites your curiosity and thoughtfulness about the theme of worship, and is intended to evoke your thoughts rather than direct them. A recording of the sermon is posted to the parish website each week, usually by Tuesday.*

*This affirmation comes from the United Church of Canada. Like the Nicene Creed that it reflects, it is an expression of faith intended as a symbol of solidarity with other Christians throughout history but not as a pledge of allegiance required for membership.*

## SERMON

THE REV. MATT LINCOLN

## MUSICAL REFLECTION

## AFFIRMATION OF FAITH

**We are not alone, we live in God's Creation.**

### **We believe in God:**

**who has created and is creating,  
who has come in Jesus,  
the Word made flesh,  
to reconcile and make new,  
who works in us and others by the Spirit.**

### **We trust in God.**

### **We are called to be the Church:**

**to celebrate God's presence,  
to love and serve others,  
to seek justice and resist evil,  
to proclaim Jesus,  
crucified and risen,  
our judge and our hope.**

**In life, in death, in life beyond death,  
God is with us.**

**We are not alone. Thanks be to God.  
Amen.**

## COMMUNITY PRAYER

Now that we are outdoors, we can use a prayer practice that has been much loved by the Trinity community over the years. As these prayers are offered aloud, feel free to bring your prayer stone to the altar and leave it there as an act of intercession.

The Lord be with you.

**And also with you.**

Let us pray for the Church and for the world.

O Lover of Souls, you call us to love our neighbors as ourselves. Give us vision and wisdom, and the strength and trust to respond to your call.

Where we can help, give us the determination and generosity to do so. When our neighbor needs only the courage to face difficulty, give us the patience and wisdom to listen and encourage in love.

When we need to combine our strengths, show us that we are one in you.

When we feel torn apart and alienated from each other, again: show us that we are one in you.

We pray for those who struggle in poverty or under oppression, and for those who care for them. We pray for those in any need or trouble.

We pray for peace; for goodwill among nations; and for the well-being of all people. We pray for all in positions of governmental authority around the world, that they may lead with wisdom and humility in the service of the whole human family.

We pray for those who are sick or sick at heart. We pray for all who suffer from illness or injury, from mental illness or heartbreak, sadness or loneliness.

We pray for those who have died and those who are bereaved. We pray for consolation and hope.

We pray for human community, for oneness transcending difference and hostility, for peace and justice. We pray for all who have labored and suffered for a fairer world where the dignity and freedom of all are protected.

We pray for all who study the natural world and seek to preserve our resources and environment. We pray for the wisdom to see that preserving our way of life will require change and adaptation.

We pray for the generosity of spirit to forgive those who betray us. We pray for the courage to face our own faults, and to seek forgiveness when we fail to love our neighbors as ourselves, trusting that we are all beloved in your sight, O God. **Amen.**

## THE PEACE

The peace of the Lord be always with you.

**And also with you.**

*Now would be a great time to add a comment to the Live Stream!*

## ANNOUNCEMENTS

## OFFERTORY HYMN

“LET US BREAK BREAD TOGETHER ON OUR KNEES”

1. Let us break bread to - geth - er on our knees (on our  
2. Let us drink wine to - geth - er on our knees (on our

1. knees); Let us break bread to - geth - er on our knees (on our  
2. knees); Let us drink wine to - geth - er on our knees (on our

1. knees).  
2. knees). When I fall on my knees, with my face to the ris - ing

sun, Oh\_ Lord, have mer - cy on me (on me). me).

Let us praise God to - geth - er on our knees (yes, on our knees); Let us

*Your financial support is not only a practical necessity. It can also be a very meaningful symbolic gesture, expressing your gratitude for the blessings in your life and your hope for health in the world. You can place cash or a check in the big blue urn at the head of the aisle or [donate online here](#), or initiate an online donation by texting TRINITYBUFFALO to 73256. You can also get there by scanning this QR code:*



*Continued on next page*



praise God to - geth-er on our knees (yes, on our knees). When I  
fall on my knees, with my face to the ris - ing sun, Oh  
Lord, have mer - cy on me (on me).

### HOLY COMMUNION

The Lord be with you.

**And also with you.**

Lift your hearts.

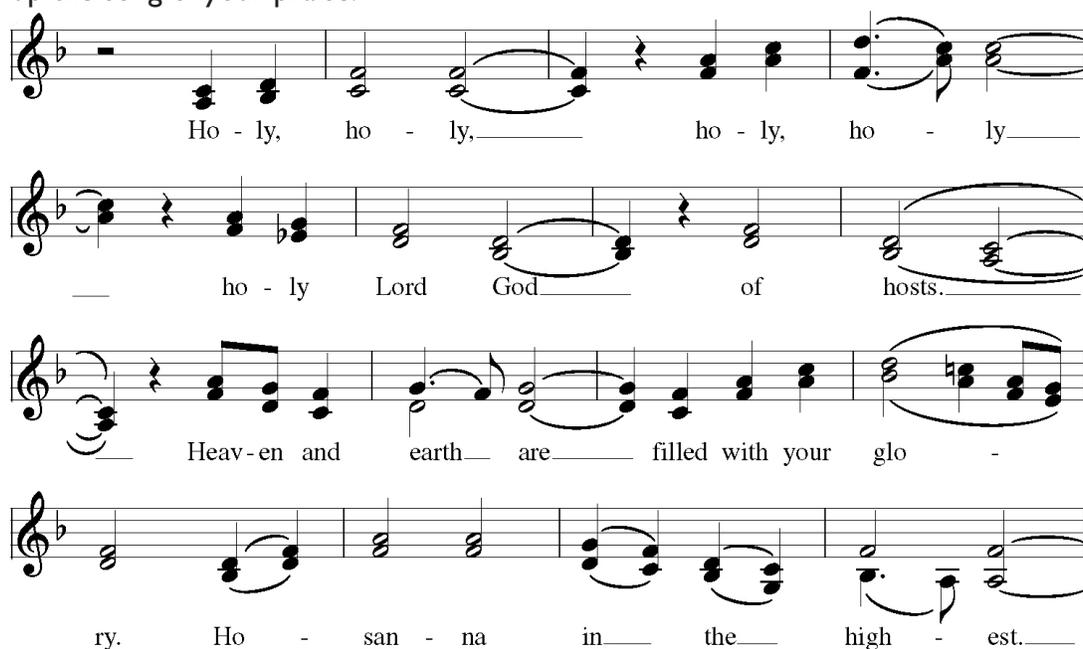
**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give God thanks and praise.**

Eternal God, in the abundance of your love you have caused all things to be; from dust and spirit you have woven our humanity; in all our wanderings you never cease to call us to fullness of life.

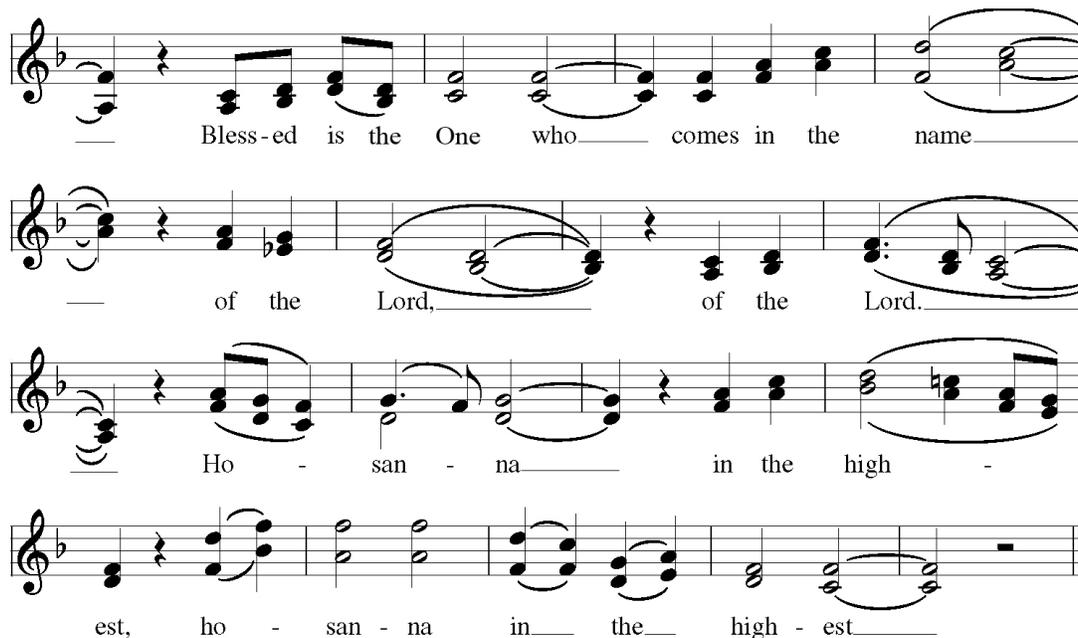
**You gave us Jesus, son of Mary, the bread of life broken for the world;** he fed us and feasted with us, he healed us and suffered for us; **his dying and rising have set us free from the poverty of sin and the famine of death.** Therefore, with all whom you have made, cherished and called, with all who hunger for your kingdom and will not rest until all your children are fed, with the broken saints and redeemed sinners of all the ages, we take up the song of your praise:



Ho - ly, ho - ly, ho - ly, ho - ly  
ho - ly Lord God of hosts.  
Heav-en and earth are filled with your glo -  
ry. Ho - san - na in the high - est.

*This Eucharistic Prayer is adapted from Steven Shakespeare's Prayers For An Inclusive Church.*

*Sanctus from Lift Every Voice and Sing*



At the following words, everyone lifts their communion elements into view.

We ask that your Holy Spirit will fall upon us and upon these gifts that they may be to us the body and blood of our lord and brother, Jesus Christ; who, on the night that he was betrayed, gathered with his faltering friends for a meal that tasted of freedom.

Calling them to his table, he took bread, gave thanks, broke it and said: **“This is my body, which is given for you. Do this to remember me.”**

In the same way after supper, he took the cup, saying: **“This cup is the new covenant in my blood. Do this, whenever you drink it, to remember me.”**

Therefore we proclaim him as creation’s host, transforming poverty into plenty in the reckless generosity of love.

**Inspire us with the hope that one day death and greed will be no more and people without number will come from east and west, north and south to share the kingdom meal.** We ask this through Jesus Christ our Lord, by whom and with whom and in whom in the unity of the Holy Spirit all honor and glory are yours, Author of blessings, for ever and ever. **Amen.**

Now, as Christ has taught us, we are bold to say:

**Our Father,\* who art in heaven,**

**hallowed be thy Name,**

**thy kingdom come,**

**thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**as we forgive those**

**who trespass against us.**

**And lead us not into temptation,**

**but deliver us from evil.**

**For thine is the kingdom,**

**and the power, and the glory,**

**for ever and ever. Amen.**

*We are following a pattern of going back and forth between using an alternative interpretation of the Lord’s Prayer for a few weeks and then using the traditional Prayer Book version for a few weeks.*

*This version of the Lord’s Prayer is what many of us grew up learning. It is also the version shared at the end of many 12 Step meetings. Although it is important to stay fresh and engaged by the words of our prayers, it is also important to be reminded that we as individuals are part of a great cloud of witnesses who have been inspired to turn to God in prayer throughout the ages.*

*\*Jesus revealed a new, personal sense of relationship with God by addressing God as something like “Papa.” Always feel free to use your most meaningful name for God in saying the Lord’s Prayer.*

The disciples knew the Lord Jesus in the breaking of the bread.  
**Were not our hearts burning within us as we walked along the road?**

### RECEIVING COMMUNION

*During a moment of quiet, all receive their bread and wine while remaining where they are. In a few minutes, someone will come by with a tray to collect your cup.*

### PRAYER FOR THE ROAD

Let us pray:

**Loving God,  
 we give you thanks  
 for restoring us in your image  
 and remembering the body of Christ,  
 which has been broken for the life of the world.  
 Now give us grace to trust that we are  
 a people forgiven, healed, renewed.  
 Give us the courage to proclaim your love to the world,  
 and to continue in the risen life of Christ our Savior. Amen.**

*The Prayer for the Road is from Prayers for an Inclusive Church by Steven Shakespeare.*

### BLESSING

Life is short. We do not have too much time to gladden the hearts of those who make the journey with us. So be swift to love. Make haste to be kind. And may the blessing of God, who made us, who loves us, and who animates and guides us be with you now and always. **Amen.**

*This blessing is based on the words of Henri Frederic Amiel (1821-1881).*

### HYMN

“AMAZING GRACE, HOW SWEET THE SOUND”

1 A - maz - ing grace! how sweet the sound, that  
 2 'Twas grace that taught my heart to fear, and  
 3 The Lord has prom - ised good to me, his  
 4 Through man - y dan - gers, toils, and snares, I  
 \*5 When we've been there ten thou - sand years, bright

*Some of the music in this service used with permission to podcast/stream/ reproduce under OneLicense, License #A-700776.*

*Other music from Church Publishing (Hymnal 1982; Wonder Love & Praise; Lift Every Voice and Sing II) is reproduced under a license from RiteSong. All rights reserved.*

1 saved a wretch like me! I once was lost but  
 2 grace my fears re - lieved; how pre - cious did that  
 3 word my hope se - cures; he will my shield and  
 4 have al - rea - dy come; 'tis grace that brought me  
 5 shin - ing as the sun, we've no less days to

1 now am found, was blind but now I see.  
 2 grace ap - pear the hour I first be - lieved!  
 3 por - tion be as long as life en - dures.  
 4 safe thus far, and grace will lead me home.  
 5 sing God's praise than when we'd first be - gun.

Words: John Newton (1725-1807), alt.; st. 5, John Rees (19th cent.) Music: *New Britain*, from *Virginia Harmony*, 1831; adapt. att. Edwin Othello Excell (1851-1921); harm. Austin Cole Lovelace (b. 1919) Copyright ©1974 by Abingdon Press. All rights reserved. Used with permission.

*Our spiritual practice is renewed as we leave here and begin again to work the promises of the covenant.*

## DISMISSAL

Go in peace to love and serve the Lord. Alleluia, alleluia!

**Thanks be to God. Alleluia, alleluia!**

## ANNOUNCEMENTS

### Helping our Afghan neighbors

**TODAY** is the last day to donate household items for Journey's End to distribute to Afghan evacuee families who have come to Buffalo. You can leave your donations in the Banta Kitchen. Thank you for your generosity!

### Summer Solstice

Join us in a celebration of the Longest Day on **Tuesday, June 21, 7pm** in the Chapel. We'll welcome the summer with poems, music, and prayers.

### Trinity @7 this Summer

Trinity @7 has a bi-monthly schedule for the summer. We meet in person and on Zoom on the first and third Sunday of the month from now through September. Our dear friend George Caldwell plays piano for us while Krista takes a summer hiatus. He has a completely different and great style so come check out his music. Come check it out tonight!

### Worship Helpers Needed

If you are planning to attend the 10:30am Sunday service in person and would like to be involved with reading from the altar or greeting people at the door and helping direct them with what to expect, please sign up at: <https://www.signupgenius.com/go/70a0c4fafa629a3f58-trinity2> If you are interested in being more involved but aren't interested in either of these roles, you can also help by bringing a device to connect to Facebook viewers and responding to comments during the service.



### Trinity Spaces for Rent

Our church has work spaces--large and small--available for rent at Trinity Center. We hope to rent to groups and individuals that share our vision of community betterment. If you know someone that would be a good fit, please share this QR code which links to a webpage description.



### Visiting the Church

The church is open by appointment for private prayer or meditation. Contact our parish administrator, Colleen O'Neill, at [coneill@trinitybuffalo.org](mailto:coneill@trinitybuffalo.org) to schedule an appointment.



Trinity is an Episcopal Church in the Diocesan Partnership of Western New York and Northwest Pennsylvania.

Facebook: [@Trinitybuffalo](https://www.facebook.com/Trinitybuffalo)

YouTube: [Trinity Church Buffalo](https://www.youtube.com/TrinityChurchBuffalo)

Instagram: [@trinitychurch.buffalo](https://www.instagram.com/trinitychurch.buffalo)

Twitter: [@trinitybuffalo](https://twitter.com/trinitybuffalo)

[www.trinitybuffalo.org](http://www.trinitybuffalo.org) • (716) 852-8314

371 Delaware Avenue, Buffalo, NY 14202

## STAFF

**The Reverend Matthew R. Lincoln, Rector**  
mlincoln@trinitybuffalo.org  
(716) 852-8314 ext. 2

**Krista Seddon, Director of Ensembles;  
Pianist**  
krista@kristaseddon.com  
www.kristaseddon.com

**Paul Cena, Organist and Choir Director**  
prcena@verizon.net

**Jeffrey Tooke, Cyber Sacristan**

**Colleen O'Neill, Parish Administrator and  
Director of Children's Ministries**  
coneill@trinitybuffalo.org  
(716) 852-8314 ext. 1

**Jennifer Frey, Office Volunteer**  
clerical@trinitybuffalo.org

**Rich Mpezos, Facility Manager**  
rmpezos@trinitybuffalo.org

**Meghan Arnold, Caretaker**

**Sarah Caputi, Caretaker**

**Jay Mpezos, Caretaker**

**Dale Worwa, Facility Cleaner**

## VESTRY

Kayla Kisenwether, Senior Warden  
John Gillespie Jr, Junior Warden  
Bing Sherrill, Treasurer  
Elaine "Gretchen" Lodick, Clerk  
John Alduino  
Erickson Contreras  
Judy Fitzgerald  
Edward Fries  
Timothy Lane  
Megan McElfresh  
JoAnne Sundell  
Jeffrey Tooke

## CHOIR MEMBERS

Laura Munson, Section Leader  
Cheryl Fisher  
Elaine "Gretchen" Lodick  
Christina Kinney  
Suzanne Fatta, Section Leader  
Gretchen Brand  
Sue Doherty  
Laura Schleicher, Section Leader  
Carol Case Siracuse  
John Clayton, Section Leader  
Dan Galley  
Steve Shanley  
Brandon Mecklenburg, Section Leader  
Tom Owen  
Ignacio Villa

## TODAY'S WORSHIP TEAM

**Greeter:** Chris Cuccia  
**Readers:** Don Ingalls, Emily Carlin, Jeffrey Tooke  
**Guest musicians:** George Caldwell, piano; Bobby Militello, saxophone  
**Counters:** Erickson Contreras, Joanne Sundell

### All services are in person AND online:

**Sunday @10:30am** In-person worship while live streaming on Facebook and YouTube. The Sunday online Live Stream service remains accessible as a video recording on Trinity's [Facebook](#) and [YouTube](#) pages after the service is over.

**Sunday @7:00pm** Featuring poetry and jazz, in person in the Chapel and on Zoom on 1<sup>st</sup> and 3<sup>rd</sup> Sundays from now through Sept.

**Wednesday @Noon** Prayer and holy conversation, in person and on Zoom.

**Thursday @7pm** The wisdom and fellowship of 12-Step recovery, in person and on Zoom.

Email your request for a [link to the Zoom worship services here](#).